



A Close Look at Relationships

SUPPORTING MILITARY COUPLES



Photo by Anna Shevets from Pexels

The Relationship Checkup: Support for Military Couples

The Relationship Checkup™ is based on 20 years of federally funded clinical research and has been thoroughly empirically supported for use in both civilian and military populations and across the full range of diverse couples and families. The Checkup is a powerful tool used by Military and Family Counseling Program to provide couples with the best available ongoing relationship support helping couples heal, strengthen, and maintain their relationship health.

Participants will:

- Appraise the importance of relationship health to overall health.
- Differentiate prevention versus tertiary relationship intervention.
- Identify the need for early intervention and preventative relationship healthcare.
- Summarize the components of a Relationship Checkup.
- Describe the main findings from the Relationship Checkup research.
- Identify military installations where the Relationship Checkup is being used by the Military and Family Life Counseling program.

DECEMBER 08, 2021

11:00 a.m. - 12:30 p.m ET

Event Page:

MilitaryFamiliesLearningNetwork.org/Event/111934

Presenters:

Kelly Smith

Program Analyst
Military Community and Family Policy
Department of Defense

Dr. James Cordova

Professor of Psychology
Clark University

Continuing Education Credit:

This webinar will offer 1.5 CE credits from the following accrediting agencies:

- NCFR
- UT Austin Social Work
- A certificate of completion will also be available

#SupportingMilitaryCouples



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