

NOVEMBER 30, 2021

11:00 a.m. - 12:00 p.m. ET

PROFESSIONAL DEVELOPMENT



Caregivers play a critical role in supporting the health & well-being of individuals with TBI.

EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/107309/>

Interactive Self-Care Workshop for Military & Veteran TBI Caregivers

Since the early 2000s, over 439,609 service members have been diagnosed with traumatic brain injury (TBI). Most traumatic brain injuries sustained by members of the U.S. Armed Forces are classified as mild TBI, also known as concussion. While many concussions resolve within a few weeks, there can be challenges related to recovery. In addition, there may be factors that affect the quality of life for survivors of moderate or severe TBI. Families and friends play a critical role in supporting the health and well-being of individuals with TBI. It is important to recognize the emotional, physical and financial toll that can be associated with caregiving. This webinar will provide education and insight into TBI caregiver resources, common concerns, self-care strategies, current research and identify best practices to improve caregiver quality of life.

PRESENTER

Kristen Benson, MSW, LMSW

Regional Education Coordinator

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Defense Health Agency

Gabriela Ryan

Polytrauma Training and Education Support Coordinator

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Courtney Sadler, MPH, CTRS, CBIS

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CONTINUING EDUCATION CREDIT

- **Social Work, LPC, LMFT:** The MFLN Military Caregiving concentration will apply for 1.0 continuing education (CE) credit from the UT Austin Steve Hicks School of Social Work for credentialed and licensed professionals (social workers, LPC, LMFT).
- **Case Manager:** This program has been submitted to the Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hours.
- **Board Certified Patient Advocates (BCPA):** This program has been pre-approved by The Patient Advocate Certification Board to provide continuing education credit to BCPA. The course has been approved for a total of 1.0 CE contact hour.
- **Certified Family Life Educators (CFLE):** This program has been approved by the National Council on Family Relations (NCFR) for 1.0 CE credit for CFLE.
- **Certificates of completion** are available for participants interested in receiving training hours.

