



# MILITARY FAMILY READINESS ACADEMY

## Resource List

The inaugural Military Family Readiness Academy series, [Disaster and Hazard Readiness Foundations](#), focuses on the unique needs of military families in the context of disaster and hazard readiness. Join facilitator Dr. Angie Lindsey, from the University of Florida, for three dynamic sessions throughout the fall to engage military family service providers and Cooperative Extension educators in foundational conversations that support readiness throughout the four stages of disaster and hazard management. Sessions engage participants in a broad conversation of disaster and hazard management and response with an emphasis on the unique readiness needs of military families.

## DISASTER AND HAZARD **READINESS** FOUNDATIONS

Dr. Lindsey introduces the disaster and hazard landscape from multiple vantage points—terminology, major players, theoretical frameworks, the role of media, impacts, response and recovery, and planning from both service provider and family perspectives. Guest speakers at each session bring on-the-ground experiences and case studies to deepen the conversations.

Family service professionals will gain knowledge and skills to better serve military families during times of crisis through a deep understanding of readiness perspectives, planning tools, systems, and mindsets.



**MILITARY FAMILIES**  
LEARNING NETWORK

# Resource List

## Disaster and Hazard Readiness Foundations

### Articles/Research

- Annis, H., Jacoby, I., & DeMers, G. (2016). [Disaster Preparedness Among Active Duty Navy, Retirees, Veterans, and Dependents](#). *Prehospital and disaster medicine*, 31(2), 132.
- Booth, S.A. (1993) *Crisis Management Strategy: Competition and Change in Modern Enterprises*. London and New York. Routledge.
- Intergovernmental Panel on Climate Change, 2014. Annex II Glossary, in *Climate Change 2014: Impacts, Adaptation, and Vulnerability*. Edited by C. B. Field and V. R. Barros, New York and Cambridge: Cambridge University Press. <https://www.ipcc.ch/report/ar5/syr/>
- King, H. C., Spritzer, N., & Al-Azzeh, N. (2019). [Perceived knowledge, skills, and preparedness for disaster management among military health care personnel](#). *Military medicine*, 184(9-10), e548-e554.
- Kiefer, J. J., Mancini, J. A., Morrow, B. H., Gladwin, H., & Stewart, T. A. (2008). [Providing access to resilience-enhancing technologies for disadvantaged communities and vulnerable populations](#) (pp. 1-109, Rep.). Oak Ridge, TN: The Institute for Advanced Biometrics and Social Systems Studies.
- Military REACH link - <https://militaryreach.auburn.edu/dr?id=bb57b3f0-e316-4eac-b675-e49cee83aa8b>
- Ledesma, J. (2014). Conceptual frameworks and research models on resilience in leadership. *Sage Open*, 4(3), doi: <https://doi.org/10.1177/2158244014545464>
- Mancini, J.A., & Bowen, G.L (2009). Community resilience: A social organization theory of action and change. In Jay A. Mancini and Karen A. Roberto (Eds.), *Pathways of Human Development: Explorations of Change* (pp. 245-265). Lexington Books: New York
- Military REACH link - <https://militaryreach.auburn.edu/dr?id=5590378e-7fd7-4200-8084-5286754b7d84>
- Pearce, Laurie. 2000. Chapter 2, pp. 2–5, in *An Integrated Approach for Community Hazard Impact, Risk and Vulnerability Analysis: HIRV*. Doctoral Dissertation, University of British Columbia.
- Pelling M. *Natural disaster and development in a globalizing world*. London: Routledge; 2003.
- Perrow C. *Normal accidents: living with high risk technologies*. Princeton: Princeton University Press; 1984.
- Rosenbloom D, Goldman D. *Public administration: understanding management, politics, and law in the public sector*. 4. New York: McGraw-Hill; 1998
- Tidball, K. G., & C. A. Aktipis, (2018). Feedback enhances greening during disaster recovery: A model of social and ecological processes in neighborhood scale investment. *Urban Forestry and Urban Greening*, 34, 269-280. <https://doi.org/10.1016/j.ufug.2018.07.005>

Tidball, KG, S.Metcalf, M. Bain, T. Elmqvist. 2017. [Community-led reforestation: cultivating the potential of virtuous cycles to confer resilience in disaster disrupted social–ecological systems](#). *Sustainability Science*.

Tidball, KG. (2012). [Urgent Biophilia: Human-Nature interactions and biological attractions in disaster resilience](#). *Ecology and Society*. 17(2): 5.

White, R. K., Edwards, W. C., Farrar, A., & Plodinec, M. J. (2015). A practical approach to building resilience in America's communities. *American Behavioral Scientist*, 59(2), 200–219. <https://doi.org/10.1177/0002764214550296>

- Military REACH link - <https://militaryreach.auburn.edu/dr?id=5590378e-7fd7-4200-8084-5286754b7d84>

## Blog Posts

Brewer, C. (2018, August 24). [The Future for Cooperative Extension and What it Means for Military Families](#). [Blog Post]. Military Families Learning Network Community Capacity Building.

Cassels, A. (2020, June 4). [How well are you coping?](#) [Blog Post]. Military Families Learning Network Military Caregiving.

Croymans, S. (2020, March 21). [Are You Prepared to Provide Mental Health First Aid?](#) [Blog Post]. Military Families Learning Network Family Transitions.

Croymans, S. (2019, June 30). [Exploring Resilience](#). [Blog Post]. Military Families Learning Network Family Transitions.

Goble, K. & Jowers, J. (2020, May 11). [The Importance of Self Care for Military Caregivers and Families](#). [Blog Post]. Military Families Learning Network Family Development.

Jowers, J. (2020, April 20). [Battling Burnout: Practices to Overcome Therapist Compassion Fatigue](#). [Blog Post]. Military Families Learning Network Family Development.

Marczak, M. (2017, January 20). [Bouncing Back with Laughter](#). [Blog Post]. Military Families Learning Network Family Transitions.

Michaels, C. (2020, April 4). [Taking Care of yourself in the time of COVID-19](#). [Blog Post]. Military Families Learning Network Family Transitions.

O'Neill, B. (2020, September 8). [Applying Positive Psychology to Financial Practice](#). [Blog Post]. Military Families Learning Network Personal Finance.

O'Neill, B. (2020, September 1). [Building Financial Resilience](#). [Blog Post]. Military Families Learning Network Personal Finance.

O'Neill, B. (2020, August 18). [Furloughs and Layoffs: What PFMs Need to Know](#). [Blog Post]. Military Families Learning Network Personal Finance.

Pinones-Laltenoff, K. (2019-2020). [Military Families and Disaster Preparedness](#). [Blog Series]. Military Families Learning Network Community Capacity Building.

- (2019, November 29). [Military Families and Disaster Preparedness](#).
- (2019, December 6). [Military Families & Disaster Preparedness: Nutrition & Wellness](#).
- (2019, December 13). [Military Families & Disaster Preparedness: Personal Finance](#).
- (2019, December 20). [Military Families & Disaster Preparedness: Family Transitions](#).
- (2020, January 10). [Military Families & Disaster Preparedness: Military Caregiving](#).
- (2020, January 17). [Military Families & Disaster Preparedness: Early Intervention](#).
- (2020, January 24). [Military Families & Disaster Preparedness: Family Development](#).
- (2020, January 31). [Military Families & Disaster Preparedness: Network Literacy](#).

Plein, C. (2019, January 24). [Climate Change and the Military Community](#). [Blog Post]. Military Families Learning Network Military Caregiving.

Rea, J. (2019, September 5). [Collaboration: Breaking Down Silos and Building Networks to Support Military Families](#) [Blog Post]. Military Families Learning Network Family Transitions.

Rea, J. (2019, July 18). [Helping Military Families Become More Resilient Through Various Transitions](#). [Blog Post]. Military Families Learning Network Family Transitions.

Shirer, K., (2019, August 29). [Resilience Matters for Military Families](#). [Blog Post]. Military Families Learning Network Family Transitions.

## Books

Tidball, K and Krasny M. Editors. (2013). [Greening in the Red Zone: Disaster, Resilience and Community Greening](#). Springer-Verlag, Netherlands

Tidball, Keith G.; Krasny, Marianne E.; Weinstein, Elon D. (2019). Response, recovery and greening in the red zone: Lessons for policy and practice. In: Campbell, Lindsay K.; Svendsen, Erika; Sonti, Nancy Falxa; Hines, Sarah J.; Maddox, David, eds. *Green readiness, response, and recovery: A collaborative synthesis*. Gen. Tech. Rep. NRS-P-185. Newtown Square, PA: U.S. Department of Agriculture, Forest Service: 24-43. <https://doi.org/10.2737/NRS-GTR-P-185-paper2>.

Tidball, Keith G. (2019). Extension disaster education and green readiness, response, and recovery: Synergies and partnerships. In: Campbell, Lindsay K.; Svendsen, Erika; Sonti, Nancy Falxa; Hines, Sarah J.; Maddox, David, eds. *Green readiness, response, and recovery: A collaborative synthesis*. Gen. Tech. Rep. NRS-P-185. Newtown Square, PA: U.S. Department of Agriculture, Forest Service: 208-218. <https://doi.org/10.2737/NRS-GTR-P-185-paper14> .

## Podcasts

Bertsch, R. & Beckendorf, J. (2020). [Practicing Connection in a Complex World](#). [Podcast Series]. Military Families Learning Network Network Literacy.

- [Community Resilience \(Ep. 3\)](#). (2020, September 10).
- [Collaboration \(Ep. 2.\)](#). (2020, August 1).
- [Transformational Relationships \(Ep. 1\)](#). (2020, July 1).

Groeneweg, L., Johnson, M., Hering, A. (2019, May 31). [Child & Youth Programs Embed 7 C's of Resiliency](#). [Podcast]. Military Families Learning Network Family Transitions.

Military Community & Family Policy. (2017, July). [Disaster Preparedness](#). [Podcast].

O'Neill, B., Herndon, M. (2020, August 7). [Managing Finances During COVID](#). [Podcast]. Military Families Learning Network Personal Finance.

O'Neill, B., Herndon, M. (2020, March 20). [MoneyTalk: Finding Resiliency When Life Seems Out of Control](#). [Podcast]. Military Families Learning Network Personal Finance.

Rea, J., Mancini, J. (2019, September 16). [A Refocus on the Intersection of Vulnerabilities and Resilient Factors of the Heterogenous Military Family](#). [Podcast]. Military Families Learning Network Family Transitions.

Rea, J. & Lester, P. (2020, January 1). [FOCUSing on Strengthening military Families from a Family Systems Perspective](#). [Podcast]. Military Families Learning Network Family Transitions.

## Videos

Coast Guard Foundation. (2020, September 17). [Hurricane Preparedness](#). [Video].

Croymans, S. (2019, May 31). [The Seven Crucial C's of Resilience in Children & Teens](#). [Video]. Military Families Learning Network Family Transitions.

FEMA. (2013, November 18). [Preparing Makes Sense For Military Families](#). [Video].

Tidball, K.G., Cornell Cooperative Extension. [Extension Disaster Competency: What You Need to Know](#). [Video]

University of Minnesota Extension. (N.D.) [Financial Recovery After Disaster Video Series](#).

## Web Resources

Academy of Nutrition and Dietetics. (n.d.) [Emergency Preparedness and Response Tip Sheet](#). [Tip Sheet]

[Army Disaster Personnel Accountability and Assessment System \(ADPAAS\)](#). [Website].

Centers for Disease Control and Prevention. [Emergency Preparedness and Response](#). [Webpage].

Cornell Cooperative Extension. (n.d.) [New York Extension Disaster Education Network](#). [Website].

Department of Homeland Security.

- [Financial Preparedness](#). [Webpage].
- [Community Emergency Response Team](#). [Website]

[Duval Emergency Management](#). [Website].

[Extension Disaster Education Network \(EDEN\)](#). [Website].

- [Epidemic Preparedness for Community Organizations \(EDEN\)](#) [Website].
- Pandemic Recovery materials <https://extensiondisaster.net/?s=pandemic>.
- [Search for state delegates](#).

[Federal Emergency Management Agency \(FEMA\)](#). [Website].

- [A Whole Community Approach to Emergency Management: Principles, Themes, and Pathways for Action](#) (2011, December). [Booklet].
- [Acronyms Abbreviations & Terms: A Capability Assurance Job Aid](#). (2009, July). [Booklet].
- [Community Lifelines Implementation Toolkit \(FEMA\)](#). November 2019
- [Emergency Financial First Aid Kit \(EFFAK\)](#). (2019, September). [Booklet].
- [IS-75: Military Resources in Emergency Management](#). (2011, MAy). [Manual/Course].
- [National Preparedness Directorate National Training and Education Division](#).

Internal Revenue Service (IRS). [Preparing for a Disaster \(Taxpayers and Business\)](#). [Webpage].

[Military One Source](#) [Website].

- [Department of Defense Emergency Preparedness Guide](#). [Booklet].
- [Emergency Family Assistance](#). [Article].
- [When Disaster Strikes - Personnel Accountability Infographic](#).

National Institute of Environmental Health Sciences. [Disaster Preparedness & Response](#). [Webpage].

[National Voluntary Organizations Active in Disaster](#). [Website].

Office of Financial Readiness. [COVID-19 Resources for the Military Community](#). [Webpage].

Substance Abuse and Mental Health Services Administration (SAMHSA). [Disaster Preparedness, Response, and Recovery](#). [Webpage].

[Support The Enlisted Project \(STEP\) \(GovServe.org\)](#). [Website]

Tidball, K.G. (2019, January). [When it Hits the Fan: Cooperative Extension's Roles, Resources, and Responsibilities in Disaster](#). Invited presentation at the Cornell Cooperative Extension Executive Leaders Conference, Albany, NY.

Us Army Combined Arms Center. [Disaster Response Staff Officer's Handbook](#). [Handbook]

U.S. Department of Healthy & Human Services Child Welfare Information Gateway. [Disaster Preparedness & Response](#). [Webpage].

What is a Land Grant University?

- [Association of Public Land-Grant Universities](#). [Website].
- USDA, [Land-Grant University Website Directory](#). [Webpage]
- [Announcing Friday Field Notes - Stories from the Field from Practitioners Using Cooperative Extension to Build Community Capacity \(MFLN\)](#). [Webpage].

## Webinars

Agency for Persons with Disabilities, State of Florida. (2020, June). [Disaster Preparedness, Response, and Recovery](#). [Webinar].

Hanna, J. (2020, May 20). [Keep Calm & Carry On: Working with Difficult Clients](#). [Webinar]. Military Families Learning Network Military Caregiving

Military Families Learning Network. (2019).

- [Virtual Conference: Relationships for Readiness](#). [Webinar Series].
- Military Families Learning Network Personal Finance. (2019, September). [Navigating the Two Financial Faces of the COVID 19 Crisis](#). [Webinar].

Military Families Learning Network. (2020, August). [Resilience Webinar Series](#).

- Masten, A. (2019, August 20). [Nurturing Individual Resilience from a Multisystem Developmental Perspective](#). [Webinar]. Military Families Learning Network Family Transitions.
- Ungar, M. (2019, August 27). [Nurturing Resilience Through a Strong Community](#). [Webinar]. Military Families Learning Network - Network Literacy.
- Walsh, F. (2019, August 22). [Nurturing Family Resilience Through a StrengthsBased Framework](#). [Webinar]. Military Families Learning Network Family Development.

Moore, C. (2016, June 21). [Creating Value for Military Families: Extension - Military Collaboration](#). [Webinar]. Military Families Learning Network Community Capacity Building.

O'Neill, B. (2020, June 9). [Building Financial Resilience: 20 Resources for Financial Peace of Mind](#). [Webinar]. Military Families Learning Network Personal Finance.