

# NOVEMBER 19, 2020

11:00 a.m. - 12:00 p.m. ET

## PROFESSIONAL DEVELOPMENT



## Learn about one caregiver's journey to resiliency.

### EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/78155/>

## In an Instant: A Caregiver's Journey of Injury, Recovery & Resilience

Woodruff will discuss her family's story when her ABC News journalist husband, Bob Woodruff, was hit by a roadside bomb while reporting on the war in Iraq. She will share her perspective on what got her through, the advice she has for others and offer ways caregivers can relieve stress and reach for joy. The presenter will: (1) Provide caregivers a perspective on injury and recovery; (2) Offer tips and activities for caregivers to care for themselves; and (3) Inform and educate webinar participants regarding coping strategies.

### PRESENTER

As co-author of the best-selling, *In an Instant*, **Lee Woodruff** garnered critical acclaim for the compelling and humorous chronicle of her family's journey to recovery following her husband Bob's roadside bomb injury in Iraq. Appearing together on national television and radio since the February 2007 publication of their book, the couple has helped put a face on the serious issue of traumatic brain injury among returning Iraq war veterans, as well as the millions of Americans who live with this often invisible, but life-changing affliction. They have founded the Bob Woodruff Foundation to assist wounded service members and their families. To date, the foundation has raised more than \$70 million to help veterans successfully reintegrate into their communities and receive critical long-term care.

### CONTINUING EDUCATION CREDIT

- **Social Work, LPC, LMFT:** The MFLN Military Caregiving concentration will apply for continuing education (CE) credit from the UT Austin Steve Hicks School of Social Work for credentialed and licensed professionals (social workers, LPC, LMFT).
- **Case Manager:** This program has been submitted to the Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hours.
- **Board Certified Patient Advocates (BCPA):** This program has been pre-approved by The Patient Advocate Certification Board to provide continuing education credit to BCPA. The course has been approved for a total of 1.0 CE contact hour.
- **Certified Family Life Educators (CFLE):** This program has been approved by the National Council on Family Relations (NCFR) for 1.0 CE credit for CFLE.
- **Certificates of completion** are available for participants interested in receiving training hours.

## RSVP TODAY!

