

**SEPTEMBER 23, 2020**

11:00 a.m. - 12:00 p.m. ET

**PROFESSIONAL  
DEVELOPMENT**



**Nearly half of Americans experience difficulty with understanding and communicating health information.**

**EVENT LOCATION**

<https://militaryfamilieslearningnetwork.org/event/64668/>

# Communication for Patients with Low Nutrition Literacy

Nutrition education is a necessary measure for disease prevention and treatment, yet nearly half of Americans experience difficulty with understanding and communicating health information. Nutrition educators must be able to understand issues surrounding nutrition literacy and use effective communication techniques in order to reach goals of improving diet and related health outcomes. In this session, participants learn how these techniques have been used in research and discover how to apply them in their own practice.

**PRESENTERS**

**Heather Gibbs, Ph.D., RD, LD**

Program Director, Master's in Dietetics and Nutrition  
Assistant Professor  
Department of Dietetics and Nutrition

**CONTINUING EDUCATION CREDIT**

This webinar will offer 1.0 CPEU credit for:

- RDNs
- NDTRs

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