



Online Resources for *Communication and Understanding* Webinar

August 2020

<https://militaryfamilieslearningnetwork.org/event/69328/>

Book

Klontz, B., & Klontz, T. (2009). *Mind Over Money: Overcoming the Money Disorders That Threaten Our Financial Health*. New York: Broadway Business. <https://www.amazon.com/Mind-over-Money-Overcoming-Disorders/dp/B008PHVA4U>

Research Studies

Klontz, B., Britt, S.L., Mentzer, J., & Klontz, T. (2011). Money Beliefs and Financial Behaviors: Development of the Klontz Money Script Inventory. *Journal of Financial Therapy*, 2 (1)

1. <https://doi.org/10.4148/jft.v2i1.451>

Klontz, B., Britt, S. L., Archuleta, K. L., & Klontz, T. (2012). Disordered Money Behaviors: Development of the Klontz Money Behavior Inventory. *Journal of Financial Therapy*, 3 (1)

2. <https://doi.org/10.4148/jft.v3i1.1485>

Lawson, D.R. & Klontz, B.T. (2017). Integrating Behavioral Finance, Financial Psychology, and Financial Therapy Into the 6-Step Financial Planning Process. *Journal of Financial Planning*, 30(7), 48-55.

https://fpaactivate.org/wp-content/uploads/2018/05/JFP_Lawson_Klontz_July2017.pdf

Web Sites

Cunic, A. (2020). *How to Practice Active Listening*. VeryWell Mind: <https://www.verywellmind.com/what-is-active-listening-3024343>

Habit 5: Seek First to Understand, Then to Be Understood (FranklinCovey):

<https://www.franklincovey.com/the-7-habits/habit-5.html>

Hamm, T. (2018). How Daily Journaling Can Help Improve Your Financial Life. *U.S. News and World Report*. <https://money.usnews.com/money/blogs/my-money/articles/2018-02-27/how-daily-journaling-can-help-improve-your-financial-life>

Worksheets

Finding My Learning Style Worksheet (Maria Conner): <https://www.exploring.org/wp-content/uploads/2016/02/Finding-My-Learning-Style-Worksheet.pdf>

Learning Style Inventory (Georgia Department of Education): <https://www.gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services/Documents/IDEAS%202014%20Handouts/LearningStyleInventory.pdf>

Learning Styles and Study Skills Worksheet (Jonelle Beatrice): <https://ceils.ucla.edu/wp-content/uploads/sites/2/2016/08/LearningStyles.pdf>