Warrior Wellness: Mental health and Women in the U.S. Military  
June 30, 2020  
https://militaryfamilieslearningnetwork.org/event/69337/  

Additional Resources  

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Articles/Reports  

- Defense Manpower Data Center. (2018). Table of active duty females by rank/grade and service.  


**Blogs**


Books and Book Chapters
• Crowley, D., Bender, T., Chatigny, A., Trudel, T., & Ritchie, E. C. Women, Mental Health, and the Military.

Infographics
• National Alliance on Mental Illness (NAMI).
  ○ Mental Health By the Numbers.
  ○ Infographics & Fact Sheets.
• Service Women’s Action Network. The Mental Wellness Needs of Military women: Community Driven Solutions. [Infographic].
• Syracuse University - Institute for Veterans and Military Families. (2018, March). Women in the Military: From Service to Civilian Life. [Infographic].

Online Resources / Websites
• American Psychological Association. The Mental Health Needs of Veterans, Service Members and Their Families. [Publication]
• American Women Veterans. [Website].


Centers for Disease Control and Prevention (CDC). Mental Health. [Website].

Cimons, M. (2019, October 19). Studies underway to find out why women more than twice as likely as men to suffer from PTSD. Stars and Stripes.

Defense Advisory Committee on Women in the Services (DACOWITS). [Website].

Health.mil. The official website of the Military Health System.
  ○ Women’s Health. [Website].
  ○ Women and Depression. [Website].

Mental Health America. Military Mental Health. [Website].

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Psychological health Center of Excellence
  ○ Current State of Women’s Mental Health Research. [Website].
  ○ Research on Women’s Mental Health in the U.S. Military. [Website].
  ○ Women’s Mental Health. [Website].

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  ○ Office on Women’s Health. Active Duty and Veteran Women’s Health. [Website].
  ○ Substance Abuse and Mental Health Services Administration (SAMHSA)

U.S. Department of Veteran Affairs. [Website].
  ○ Center for Women Veterans (CWV): Women Veterans’ Mental Health.
  ○ Health Care - Veteran Training: Moving Forward: Overcoming Life’s Challenges
  ○ Health Care: Women Veterans Health Care.
  ○ Locations.
  ○ Mental Health: Woman Veteran.
  ○ Office of Research & Development: Mental Health.
  ○ PTSD: National Center for PTSD: Women’s Health Sciences Division and Staff.

Podcasts


Videos


Webinars