

MILITARY CAREGIVING NEWSLETTER

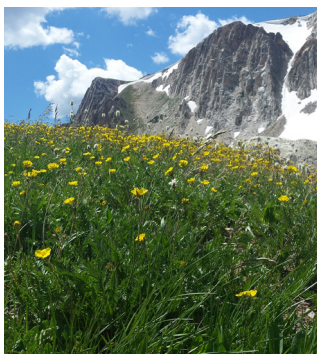


2019 Virtual Conference: Relationships for Readiness

Sept. 17-19, 2019 | 11 A.M. ET

[RSVP Here!](#)

Relationships for Readiness invites service providers and educators to begin rethinking their work with military families by re-aligning themselves as connected and collaborative professionals, organizations, and agencies. In this conference, DoD representatives will discuss the Family Readiness System as a function of collaboration across boundaries, whether those boundaries are office doors, installations, communities, organizations, or agencies.



Readiness: Preparing for Journeys Ahead

Family readiness is the objective. As the Department of Defense has noted, this involves, "The state of being prepared to effectively navigate the challenges of daily living experienced in the unique context of military service." Doing so requires an appreciation for those fixed features in the landscape, such as long-established practices and policies that make military life distinct. It also requires an awareness of constantly shifting circumstances and challenges.



Helping Caregivers with Guilt

As a professional, you hear over and over again caregivers expressing how guilty they feel about something that happened or didn't happen. Their guilt is told in stories of being unkind, ugly or short-tempered with their care receiver. They wish they hadn't reacted the way they did, had been kinder, more loving or hadn't done what they did. Their guilt surfaced as "what ifs," "if only" and "should." As someone who caregivers turn to for insights, you can help caregivers understand that guilt is natural.



Learn How You can Receive FREE CE Credits!

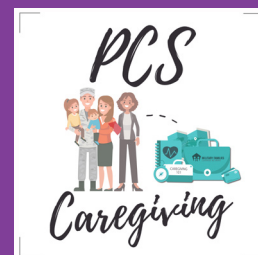
MFLN provides a variety of FREE online learning opportunities to support professional growth & training. For some licensed and credentialed professionals, continuing education credit is approved by nationally accredited agencies such as the University of Texas – Steve Hicks School of Social Work and the Commission for Case Manager Certification. Approved for Social Workers, Licensed Professional Counselors, Licensed Marriage & Family Therapists & Case Managers.

UPCOMING EVENTS

Moral Injury & Killing in Combat: Research & Clinical Implications
OCT. 30 @ 11:00 A.M. ET

What Helping Professionals Need to Know About Kincare
NOV. 13 @ 11:00 A.M. ET

PODCASTS



COMING FALL 2019!

PCS (Permanent Change of Station) is a common term used in the military as service members and families transition to different duty stations; but, it can be useful in describing the transition military caregivers experience as they care for wounded warriors or individuals with special health care needs. In this podcast series, we'll discuss a variety of family caregiving issues & how helping professionals can better serve military families as they PCS from their role as a spouse, friend, partner, or loved one to a caregiver.



MILITARY CAREGIVING
Military Families Learning Network