IDEA-CATCHER

journal

MFLN VC2019
Relationships FOR READINESS

THIS JOURNAL BELONGS TO:
WELCOME to your IDEA-CATCHER journal

This journal is a holder of doodles, a container of thoughts, a catcher of ideas for MFLN VC2019: Relationships For Readiness.

An idea-catcher journal may be a way to take notes and capture thoughts that’s new for you and that’s great! It might even lead to a way of thinking that’s new for you and that’s pretty cool too.

Each of the MFLN VC2019 sessions has its own page to catch your ideas, and there are instructions and tips on doodling auditory content real-time to get you started.

Please make a mess - or don’t! But make this your own. Fill it with scribbles and notes and ideas in the order and format that makes the most sense to you.

Doodlers, unite!
In case you like to color... here is a little something just for you. Return to it whenever you want to!
TIP No. 1: When you commit to excelling at listening, first practice with your eyes closed and with content you enjoy.

TIP No. 2: Recognize that listening requires P-R-A-C-T-I-C-E, and don’t expect your skills to transform discernibly overnight.

TIP No. 3: Stop what you’re thinking and listen.

TIP No. 4: Prioritize what you’re capturing. Listen for “the bones.” Remember when we learned that much of conversation is extraneous? Your goal is to listen for what I call “the bones.” Listen for the key points and the supporting evidence that hold a speaker’s message together. You won’t be tested on the names of the speaker’s family members and their favorite breakfast cereal; you’re listening for what matters.

From SUNNIBROWNIINK.COM
FRS & YOU

DOODLE SPACE (to summarize something you’ve just learned)

Take a pic and tweet @MilFamLn to share! #MFLNVC
WHAT DO NETWORKS MEAN FOR MY WORK

**DOODLE SPACE** (to summarize something you've just learned)

Take a pic and tweet @MilFamLn to share! #MFLNVC
MAKING CONNECTIONS

putting it all together

Take a pic and tweet @MilFamLn to share! #MFLNVC
**TIP No. 5:** Pay attention to the narrative build.
Presenters or teachers often begin their presentations by stating what they’re going to take you through. They’ll say, “First I’m going to go over some facts. Then I’m going to describe the value. Then I’ll give you tips.” This means you can know literally where you are in a presentation—the beginning, middle, or end—and that helps you anticipate pacing and spacing.

**TIP No. 6:** Use telegraphic sentences or phrases.
When someone says, “Today I’m going to discuss five important initiatives that will lead our company to success,” just write, “5 Initiatives to Success.”

**TIP No. 7:** “Cache” content.
“Caching” is a computing term that refers to the temporary storage of Web documents to reduce server load and lag. We learned in Chapter 2 that most people have very limited working memory, so caching content in our minds isn’t a sustainable approach to live Infodoodling. There will be leakage. A more useful technique is to make your page or screen the cache space. (This harks back to the concept of the extended mind.) Use your page to hold info bits to help manage the flow of incoming auditory information. If a speaker’s pace is too fast, write or draw just enough to trigger your memory and go back to it later when there’s a lull in the dialogue or the event or class is over.

**TIP No. 8:** Listen for metaphors, similes, and descriptions about structure.
“This project is like a rabbit hole.” “Let’s spitball this idea.” “It’s a vicious cycle.” “The system is hierarchical.” “These departments run parallel.” “We’re moving in circles.” These literary devices are cues that lead you to a ready visual without imposing too much load on your brain. No need to (metaphor approaching!) reinvent the wheel. When someone hands you a metaphor, use it.

When you doodle... then you know... and if you... you're more likely to succeed.

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CREATIVE VISUAL LANGUAGE FOR INSIGHT & PROBLEM SOLVING

DOODLE SPACE (to summarize something you’ve just learned)

take a pic and tweet @MilFamLn to share! #MFLNVC
COLLABORATION ACROSS BOUNDARIES

DOODLE SPACE (to summarize something you’ve just learned)

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MAKING CONNECTIONS

putting it all together

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TIP No.9: If content starts to seriously outpace you, resort to lines, connectors, frames, containers, and color.

TIP No.10: If you feel like you missed a significant point, move on.

TIP No.11: Don’t fixate on imperfections in your visual OR verbal language.

Visual language is not equal to art.
HOLISTIC FINANCIAL HEALTH FOR HUMAN SERVICES

DOODLE SPACE (to summarize something you’ve just learned)

Take a pic and tweet @MilFamLn to share! #MFLNVC
CREATE A NETWORK THAT WORKS

DOODLE SPACE (to summarize something you've just learned)

Take a pic and tweet @MilFamLn to share! #MFLNVC
MAKING CONNECTIONS

putting it all together

Take a pic and tweet @MilFamLn to share! #MFLNVC
EXTRA SPACE FOR NOTES

Take a pic and tweet @MilFamLn to share! #MFLNVC