

PERSONAL FINANCE NEWSLETTER



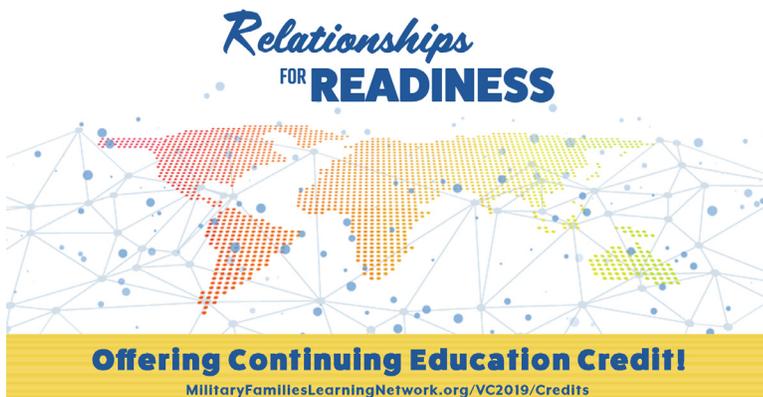
Examine the Intersections of Financial Health and Well-being

Well-being is a function of physical, mental, emotional, economic, and social factors, among others. At times, an individual's needs can compete for attention and resources, diminishing some while favoring others. Shawn Young, from the Financial Health Institute, introduces a holistic approach to working with clients that blends healthcare and financial education in the Holistic Financial Health for Human Services session of the 2019 MFLN virtual conference, Relationships for Readiness.

Join us on September 19 at 11 a.m. ET, to learn how you can help your clients manage their resources, reduce stress, and improve their overall health! Financial counselors will appreciate the personal finance angle, and learn how and why to work with providers in other fields, agencies, and disciplines. This session will begin a discussion on how to work more holistically with individuals and families to improve their financial health.

Attention AFCs and CPFCs - You can earn up to 5.5 continuing education credits throughout the Relationships for Readiness virtual conference! Detailed information about continuing education offerings for this free event can be found on our conference webpage.

Relationships for Readiness is a free event that invites service providers and educators to begin rethinking their work with military families by re-aligning themselves as connected and collaborative professionals, organizations, and agencies.



Welcome!

The third annual MFLN Virtual Conference begins September 17. The Personal Finance team is pleased to be a part of the network-wide conference for the first time this year and we're happy to invite all of the financial professionals in our network to join us for 3 days of learning focused around collaboration and working across networks to enhance the work you're doing with military service members and families. CE credits are available for financial professionals! RSVP for the free event and learn more at <https://militaryfamilieslearningnetwork.org/vc2019/>



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Mark Your Calendar!

- SEPT 17-19 **[MFLN Virtual Conference: Relationships for Readiness](#)**
- OCT 22 **[Gambling Disorders: Special Considerations for Service Members](#)**
- DEC 10 **[Personal Finance Year in Review](#)**

You can keep up with all of our resources and upcoming events by visiting our webpage!

[Click here!](#)