MFLN Resilience Series: Dr. Ann Masten, Dr. Froma Walsh, Dr. Michael Ungar
August 2019
Series Event Link: https://militaryfamilieslearningnetwork.org/resilienceseries/

Resources

**Articles:**


Bowen, G. L., Martin, J. A., & Mancini, J. A. (2013). The Resilience of Military Families: Theoretical Perspectives. [Click here to access article abstract.](#)


**Blogs:**


**Books/Book Chapters:**


**Online Resources:**

Child and Parent Resource Institute (CPRI): [Click here to visit the website.](#)

Child Mind Institute - Stress and Resilience: [Click here to visit the website.](#)

Psychological First Aid (PFA) Mobile [App]: [Click here for more information.](#)

Strengthening the Military Family readiness System for a Changing American Society. (2019 July 19). The National Academies of Sciences, Engineering & Medicine. [Click here to access report.](#)

The Resilience Research Centre: [Click here to visit the website.](#)
Walsh, B. (2015). The Science of Resilience: Why Some Children Can Thrive Despite Adversity. [Click here to access article.]

**Podcasts:**
Military One Source. Enhancing Parental Resilience. [Audio Podcast]. [Click here to listen to the podcast!]

**Videos:**
Seven Crucial Cs of Resiliency in Children and Teens. (2019). *MFLN Family Transitions.* [Click here to watch video.]

**Webinars**
Burke, M. & Sobelson, B. Virtual Learning Event (VLE) Session 1: Communicating Family Needs through Advocacy. *Military Families Learning Network.* Retrieved from [Click here to view the archived webinar.]

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USDA

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