

April 2019

Anchored Episode 17| Problematic Sexualized Behaviors in Children and Youth

Facilitator: Gregory Leskin, Ph. D.

Additional Resources:

Articles:

- Allen, B. (2017). Children with sexual behavior problems: Clinical characteristics and relationship to child maltreatment. *Child Psychiatry & Human Development*, 48(2), 189-199.
<https://doi.org/10.1007/s10578-016-0633-8>
- Allen, B., Berliner, L., Shenk, C., Bendixsen, B., Zellhoefer, A., Dickmann, C., Arnold, B., & Chen, M. (2018). Development and pilot testing of a phase-based treatment for preteen children with problematic sexual behavior. *Evidence-Based Practice in Child and Adolescent Mental Health*, 3(4), 274-285.
<https://doi.org/10.1080/23794925.2018.1515580>
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<https://doi.org/10.1016/j.cpr.2009.06.006>
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<https://doi.org/10.1016/j.jadohealth.2013.12.026>
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- McElvaney, R. (2013). Disclosure of child sexual abuse: delays, non-disclosure and partial disclosure. What the research tells us and implications for practice. *Child Abuse Review*. <https://doi.org/10.1002/car.2280>



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- Newlin, C., Steele, L. C., Chamberlin, A., Anderson, J., Kenniston, J., Russell, A., Vaughan-Eden, V. (September 2015). Child Forensic Interviewing: Best Practices [PDF file]. Retrieved from <https://www.ojjdp.gov/pubs/248749.pdf>
- Smith, T., Lindsey, R., Bohora, S., & Silovsky, J. (2018). Predictors of Intrusive sexual behaviors in preschool-aged children. *The Journal of Sex Research, 56*(2), 229-238. <https://doi.org/10.1080/00224499.2018.1447639>
- Wamser-Nanny, R., Sager, J.C., & Campbell, C.L. (2018). Maternal support as a predictor of children's sexualized behaviors following childhood sexual abuse. *Child Maltreatment, 24*(1), 36-44. <https://doi.org/10.1177/1077559518786821>

Books/ Book Chapters:

- Harris, R. (2006). *It's Not the Stork! A Book about Girls, Boys, Babies, Bodies, Families, and Friends*. Somerville, MA: Candlewick Press.
- King, K. (2016). *I Said No! A Kid-to-kid Guide to Keeping Private Parts Private*. Weaverville, CA: Boulden Publishing.
- Pipe, M., Lamb, M., Orbach, Y., & Cedarbrog, A. (2013). *Child Sexual Abuse: Disclosure, Delay, and Denial*. New York, NY: Routledge.
- Renold, E., Ringrose, J., & Egan, R. D. (Eds.). (2015). *Children, Sexuality, and Sexualization*. New York, NY: Palgrave Macmillan.
- Smallbone, S., Marshall, W., & Wortley. (2013). *Preventing Child Sexual Abuse: Evidence, Policy, and Practice*. Portland, OR: Willan Publishing.

Links:

- Child and Parent Resource Institute (CPRI)
<https://www.cpri.ca/families/programs-services/sexual-behaviours-team/recommended-res/>
- Dakota Children's Advocacy Center: Kids with Sexual Behavior Problems
<https://www.dakotacac.org/services/kids-with-sexual-behavior-problems/>
- Darkness to Light: Child Sexual Abuse Statistics
<https://www.d2l.org/the-issue/statistics/>



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Midwest Regional Children's Advocacy Center: Youth with Problematic Sexual Behaviors

<https://www.mrcac.org/elearning/ypsb/>

Nathanson Family Resilience Center

<https://nfrc.ucla.edu/>

National Center on the Sexual Behavior of Youth

<http://www.ncsby.org/content/what-problematic-sexual-behavior>

RAINN: If You Suspect A Child Is Being Harmed

<https://www.rainn.org/articles/if-you-suspect-child-being-harmed>

Raising Children

<https://raisingchildren.net.au/toddlers/development/sexual-development/concerned-about-sexual-behaviour>

Stop It Now!

<https://www.stopitnow.org/>

The National Center for Children and Families

<https://www.nccf-cares.org/>

The National Child Traumatic Stress Network: Sexual Abuse

<https://www.nctsn.org/what-is-child-trauma/trauma-types/sexual-abuse>

Thrive Parenting

<https://thrive.psu.edu/>

Blogs:

Brown, C. (2017). How Childhood Trauma Affects Health across a Lifetime-A Pediatrician's View. *MFLN*

Family Development. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2017/07/31/how-childhood-trauma-affects-health-across-a-lifetime-a-pediatricians-view/>

Brown, C. (2017). Preventing Child Abuse and Neglect: A Technical Package from the CDC. *MFLN Family*

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<https://militaryfamilieslearningnetwork.org/2017/08/14/preventing-child-abuse-and-neglect-a-technical-package-from-the-cdc/>

Dorman, R. (2014). Child Maltreatment Prevention. *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2014/04/21/child-maltreatment-prevention/>

Hunter, C. & Radunovich, H. (2015). Preventing Child Maltreatment: A Public Health Approach. *MFLN Family*

Development. Retrieved from:



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<https://militaryfamilieslearningnetwork.org/2015/11/16/preventing-child-maltreatment-a-public-health-approach/>

Morse, J. & Radunovich, H. (2014). What Encourages Disclosure of Childhood Sexual Abuse? *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2014/11/07/what-encourages-disclosure-of-childhood-sexual-abuse/>

Sobelson, B. (2018). Resource Discovery: Once I Was Very, Very Scared. *MFLN Family Development*.

Retrieved from:

<https://militaryfamilieslearningnetwork.org/2018/04/23/resource-discovery-once-i-was-very-very-scared/>

Podcasts/Webinars/Online Media:

Burke, M. & Sobelson, B. VLE Session 1: Communicating Family Needs through Advocacy. *Military Families Learning Network*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/28005/>

Dinallo, J. (2018). Grow! Empowering Parents to THRIVE. *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/21753/>

Dinallo, J. (2018). *Anchored*. Episode 12| Ready, Set, THRIVE! A Supportive Approach to Parenting. *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/podcast/anchored-episode-12-ready-set-thrive-a-supportive-approach-to-parenting/>

Firman, C. (2014). Using Protective Factors to Inform Work with Child Maltreatment. *MFLN Family Development*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/29636/>

Freitas, A. & Huda, S. (2019). Safe and Sound: Caring in Our Community| Kids Serve Too! *MFLN Family Development*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/22076/>

Freitas, A. & Huda, S. (2018). Sesame Street Overview on Military Resources| Kids Serve Too! *MFLN Family Development and MFLN Family Transitions*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/22073/>

Hammond, C. & Trickey, D. What is Trauma and how does it affect The Brain? *Child in Mind Trauma Podcast*. *Anna Freud National Centre for Children and Families*. Retrieved from:

<https://www.annafreud.org/what-we-do/anna-freud-learning-network/childhood-adversity-and-trauma/child-in-mind-trauma-podcast/>

Goldberg, J. (2018). *Anchored*. Episode 16| Walking the PATHH: Exploring the Journey of Posttraumatic Growth. *MFLN Family Development*. Retrieved from:



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<https://militaryfamilieslearningnetwork.org/podcast/episode-16-walking-the-path-exploring-the-journey-of-posttraumatic-growth/>

Gillece, J. & Mixon, K. (2014). What is Trauma and Why Must We Address It? (Part 1: Implications for Clinical Practice). *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/29655/>

Marlotte, L. (2018). Polishing our Protective Shields: Exploring Ways to Protect Youth from Violence. *MFLN Family Development*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/20313/>

Martin, S. (2014). Sexualized Behavior in Children. *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/29642/>

McPherson, G. (2019). The Trauma Therapist| Podcast. *Podcast Series*. Retrieved from:

<https://www.thetraumatherapistproject.com/podcasts/>

Merrick, M. (2017, August 17). The Buffer Zone: What Adverse Childhood Experiences (ACEs) Study Teaches Us About Maximizing Health & Wellbeing. *MFLN Family Development*. Retrieved from:

<https://learn.extension.org/events/3027>

Mogil, C. (2017). From Diapers to Diplomas: Exploring Resilience in Military Families. *MFLN Family Development*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/27283/>

Renk, K. (2014). Trauma in young Children Under 4-Years of Age: Attachment, Neurobiology, and Interventions. . *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/29945/>

Tedeschi, R. (2018). Opportunities & Possibilities: Posttraumatic Growth in Research and Practice (Part 1). *MFLN Caregiving, MFLN Family Development, and MFLN Family Transitions*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/22082/>

Tolles, J. (2016). Finding Courage to Talk About Child Sexual Abuse. *Tedx Talks*. Retrieved from:

<https://www.youtube.com/watch?v=hGRO79qsqTI>

Waugh, C. (2017). Bending, Not Breaking: Resilience and the Role of Positive Emotions during Times of Stress. *2017 MFLN Virtual Conference*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2017virtualconference/waugh/>

Additional Documents:

American Academy of Pediatrics. (2009). Clinical Report – The Evaluation of Sexual Behaviors in Children. Retrieved from: <http://pediatrics.aappublications.org/content/124/3/992>

American Academy of Pediatrics. (2016). Sexual Behaviors in Young Children: What's Normal, What's Not?. Retrieved from:

<https://www.healthychildren.org/English/ages-stages/preschool/Pages/Sexual-Behaviors-Young-Children.aspx>



Association for the Treatment of Sexual Abusers. (2017). Children with Sexual Behavior Problems. Retrieved from: <http://www.atsa.com/children-sexual-behavior-problems>

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Child and Parent Resource Institute (CPRI). What They Need to Know and When. Retrieved from: https://www.cpri.ca/files/7814/5073/4064/What_They_Need_to_Know_and_When-accessible.pdf

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Child Welfare Information Gateway. (2013). Parenting a Child Who Has Been Sexually Abused: A Guide for Foster and Adoptive Parents. Retrieved from: https://www.childwelfare.gov/pubpdfs/f_abused.pdf

Child Welfare Information Gateway. (2018). Preventing Child Sexual Abuse. Retrieved from: https://www.childwelfare.gov/pubPDFs/prevent_sa_ts_2018.pdf

Healthy Children.org (2016). Sexual Behaviors in Young Children: What's Normal, What's not? Retrieved from: <https://www.healthychildren.org/English/ages-stages/preschool/Pages/Sexual-Behaviors-Young-Children.aspx>

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Pennsylvania Coalition against Rape. (2018). Youth with Problematic Sexual Behavior. Retrieved from: https://www.pcar.org/sites/default/files/resource-pdfs/tab_2018_youth-with-problematic-sexual-behavior.pdf



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Sexual Behavior and Children: When Is It a Problem and What to Do About It (2012). Retrieved from:

<https://depts.washington.edu/hcsats/PDF/TF-%20CBT/pages/3%20Psychoeducation/Child%20Sexual%20Behaviors/Sexual%20Behavior%20and%20Children.pdf>

The National Child Traumatic Stress Network (2018). Sexual Abuse. Retrieved from:

<https://www.nctsn.org/what-is-child-trauma/trauma-types/sexual-abuse>

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Youth Today. (2015), How to Tell If Child's Sexual Behavior Is Age-appropriate. Retrieved from:

<https://youthtoday.org/2015/02/how-to-tell-if-childs-sexual-behavior-is-age-appropriate/>