

Air Force Nutrition Initiatives

APRIL 23, 2019 | 11a.m. ET



About This Webinar

What is the Air Force doing to promote health and nutrition to support the Airmen in meeting the physical demands of their mission? This webinar will focus on Air Force Nutrition Initiatives and the HeRO Strategy. "The mission of the HeRO Strategy is to improve the health status of active duty members to positively influence mission readiness and force protection."

Objectives:

1. Discuss methods available for addressing population health and wellness concerns.
2. Explain the Health and Readiness Optimization (HeRO) Strategy.
3. Discuss the goals of the HeRO Strategy.

Presenter

SAUNYA N. BRIGHT, Lt Col, USAF, BSC
MS, MBA, MPA, RDN, CSSD, LDN
Chief, Health Promotion Nutrition
AFMSA/SG3PH
Air Force Medical Support Agency
Defense Health Headquarters
Falls Church, VA

EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/30370/>

HOW TO JOIN

To join the webinar use the 'Event Location' link above and follow all directions within this site. The webinar is hosted by the All Partners Access Network (APAN), but will also be available through YouTube Live. By using APAN attendees will be able to participate with the presenter and other audience members. For a broadcast only webinar, participants have the option of connecting via YouTube Live.

CONTINUING EDUCATION CREDIT

This webinar is offering 1.0 CEUs for Registered Dietitians.

**RSVP
TODAY!.....**

