

Jan 17th 2019 | Safe And Sound: Caring In Our Community | Kids Serve Too!
Facilitators: Antonio Freitas and Sabrina Huda
Event Link: <https://militaryfamilieslearningnetwork.org/event/22076/>

Additional Resources:

Articles:

- Aisenberg, E., & Herrenkohl, T. (2008). Community Violence in Context: Risk and Resilience in Children and Families. *Journal of Interpersonal Violence, 23*(3), 296–315.
- Conforte, A. M., DeLeon, P. H., Engel, C. C., Ling, C., Bakalar, J. L., Tanofsky-Kraff, M. (2017). Identifying Policy Implications and Future Research Directions Regarding Military Community Support and Child Psychosocial Adjustment. *Military Medicine, 182*(5), 1572–1580.
- Czymoniewicz-Klippel, M. T., Chesnut, R. P., DiNallo, J. M., & Perkins, D. F. (2018). Evidence-informed program developing: Using a common components analysis approach to develop universal parenting programs for US military and civilian families. *Children and Youth Services Review, 90*, 166-177.
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- Easterbrooks, M. A., Ginsburg, K., & Lerner, R. M. (2013). Resilience among Military Youth. *Future of Children, 23*(2), 99–120.
- Huebner, A. J., Mancini, J. A., Bowen, G. L., & Orthner, D. K. (2009). Shadowed by War: Building Community Capacity to Support Military Families. *Family Relations, 58*(2), 216–228.
- Julian, M. M., Muzik, M., Kees, M., Valenstein, M., Dexter, C., & Rosenblum, K. L. (2018). Intervention effects on reflectivity explain change in positive parenting in military families with young children. *Journal of Family Psychology, 32*(6), 804–815.
- Kudler, H., & Porter, R. I. (2013). Building communities of care for military children and families. *The Future Of Children, 23*(2), 163–185.
- Lester, P., Stein, J. A., Saltzman, W., Woodward, K., MacDermid, S. W., Milburn, N., & Beardslee, W. (2013). Psychological health of military children: longitudinal evaluation of a family-centered prevention program to enhance family resilience. *Military Medicine, 178*(8), 838-845.
- McDonald, C., Deatrick, J., Kassam-Adams, N., & Richmond, T. (2011). Community violence exposure and positive youth development in urban youth. *Community Health, 36*(6), 925-932.
- Morris, A. S., Criss, M. M., Silk, J., & Houlberg, B. (2017). The impact on emotion regulation during childhood and adolescence. *Child Development Perspectives, 11*(4), 233-238.

- Ohye, B., Kelly, H., Chen, Y., Zakarian, R. J., Simon, N. M., & Bui, E. (2016). Staying Strong With Schools: A Civilian School-Based Intervention to Promote Resilience for Military-Connected Children. *Military Medicine*, 181(8), 872–877.
- Osofsky, J. D. & Chartrand, M. M. (2013). Military children from birth to five years. *Future of Children*, 23(2), 61-77.
- Perkins, D. F., Aronson, K. R., Karre, J., Kyler, S. J., & DiNallo, J. M. (2016). Reducing Barriers to evidence-based practice with military families: Clearinghouse for military family readiness. *Military Behavioral Health*, 4(1), 47-57.
- Russo, T. & Fallon, T. (2015). Coping with stress: Supporting the needs of military families and their children. *Early Childhood Education Journal*, 43(5), 407-416.
- Saltzman, W. R., Lester, P., Milburn, N., Woodward, K., & Stein, J. (2016). Pathways of risk and resilience: Impact of a family resilience program on active-duty military parents. *Family Process*, 55(4), 633-646.
- Sherman, M. D., Monn, A., Larsen, J. L., & Gewirtz, A. (2018). Evaluation of a Sesame Street multimedia intervention for families transitioning out of the military. *Journal of Child & Family Studies*, 27(8), 2533-2540.
- Smith, P. K. (2016). Bullying: Definition, types, causes, consequences and intervention. *Social & Personality Psychology Compass*, 10, 519-532.

Books/ Book Chapters:

- David-Ferdon, C., & Simon T. R. (2014). Preventing Youth Violence: Opportunities for Action. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. Retrieved from: <https://www.cdc.gov/violenceprevention/youthviolence/pdf/opportunities-for-action.pdf>
- Gerwitz, A. H., Youssef, A. M., & Wadsworth, S. M. (2016). *Parenting and Children's Resilience in Military Families*. Springer International Publishing.
- Hall, L. K. (2016). *Counseling Military Families: What Mental Health Professionals Need to Know*. New York, NY: Routledge.
- Rice, K. F., & Groves, B. A. (2005). *Hope and Healing: A Caregiver's Guide to Helping Young Children Affected by Trauma*. Washington, DC: Zero to Three.
- Tom, S. T. & Glynn, S. M. (2016). Parenting issues in military and veteran families. *Handbook of Psychosocial Intervention for Veterans and Service Members*. New York NY: Oxford.
- Webb, N. B. (2015). *Play Therapy with Children and Adolescents in Crisis* (4th ed.). New York, NY: The Guilford Press.
- Webb, N. B. (2003). *Mass Trauma and Violence: Helping Families and Children Cope (Clinical Practice with Children, Adolescents, and Families)*. New York, NY: The Guilford Press.

Links:

Access: Support for Living-Coping with Grief After Community

Violence-<http://accessupports.org/coping-with-grief-after-community-violence/>

American Academy of Pediatrics – The Resilience Project:

<https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Community-Violence.aspx>

American Counseling Association-Vicarious Trauma:

<https://www.counseling.org/docs/trauma-disaster/fact-sheet-9---vicarious-trauma.pdf>

American Hospital Association-Community Violence: <https://www.aha.org/community-violence>

Center for Disease Control & Prevention-Veto Violence: <https://vetoviolence.cdc.gov/>

Child Welfare Information Gateway-Preventing Community Violence:

<https://www.childwelfare.gov/topics/preventing/communities/preventing-community-violence/>

Healthy Children.org: <https://www.healthychildren.org/English/Pages/default.aspx>

Healthy Children.org-Childhood exposure to Violence:

<https://www.healthychildren.org/English/safety-prevention/at-home/Pages/Crime-Violence-and-Your-Child.aspx>

Kids Health-Childhood Stress: <https://kidshealth.org/en/parents/stress.html>

Kids Matter-How Kids Experience Stress:

<https://www.kidsmatter.edu.au/health-and-community/enewsletter/how-kids-experience-stress>

Military Child Education Coalition: <https://www.militarychild.org/>

Military OneSource: Family Advocacy and Vicarious Trauma Websites:

<https://www.militaryonesource.mil/leaders-service-providers/child-abuse-and-domestic-abuse/family-advocacy-and-vicarious-trauma-websites>

Military OneSource: Keeping Your Family Strong – Essentials:

<https://www.militaryonesource.mil/family-relationships/family-life/keeping-your-family-strong/keeping-your-family-strong-essentials>

National Alliance for Grieving Children: <https://childrengrieve.org/>

National Center for Prevention of Community Violence-<https://ncpcv.org/>

National Center for School Crisis and Bereavement: <https://www.schoolcrisiscenter.org/>

National Military Family Association: <https://www.militaryfamily.org/>

Psychology Today-When Emotional Trauma is a Family Affair:

<https://www.psychologytoday.com/us/blog/where-science-meets-the-steps/201405/when-emotional-trauma-is-family-affair>

Sesame Street in Communities: <https://sesamestreetincommunities.org/>

Sesame Street in Communities-Circle of Good activity:

<https://sesamestreetincommunities.org/topics/community-violence/?activity=circle-of-good>

Sesame Street for Military Families: <http://sesamestreetformilitaryfamilies.org/>

Sesame Street for Military Families: For Providers: <https://sesamestreetformilitaryfamilies.org/providers/>

Sesame Street for Military Families: Mobile Apps: <https://sesamestreetformilitaryfamilies.org/mobile-apps/>

Sesame Street for Military Families: Community Violence:

<https://sesamestreetincommunities.org/topics/community-violence/>

Sesame Street in Communities: Webinars: <https://sesamestreetincommunities.org/professional-development/webinars/>

THRIVE Initiative: <https://thrive.psu.edu/>

The National Child Traumatic Stress Network: Community Violence:

<https://www.nctsn.org/what-is-child-trauma/trauma-types/community-violence>

The Prevention Institute: <https://www.preventioninstitute.org/focus-areas/preventing-violence>

The Substance Abuse and Mental Health Services Administration (SAMHSA) - Coping With Grief After Community Violence: <https://store.samhsa.gov/product/Coping-With-Grief-After-Community-Violence/sma14-4888>

UCLA Nathanson Family Resilience Center - UCLA Family STAR Clinic: <https://nfrc.ucla.edu/STARClinic>

Zero to Three: Military Family Projects: <https://www.zerotothree.org/our-work/military-family-projects>

Blogs:

ABC News. (2001). Sesame Street Study Finds Kids Fear Violence. *ABC News*. Retrieved from:

<https://abcnews.go.com/GMA/story?id=126936&page=1>

Bardenhagen, R., & Mahadevan, L. (2018). ABC Plan for Changing Behavior at Home and School. *MFLN Military Caregiving*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2018/06/15/abc-plan-for-changing-behavior-at-home-and-school/>

Bushatz, A. (2018). Even More New Military Family Help Up From Sesame Street. Retrieved from:

<https://www.military.com/spousebuzz/2018/04/05/even-more-new-military-family-help-sesame-street.html>

Chandra, A., Cahill, M., Yeung, D., and Ross, R. (2018). Measuring Community Stress. Robert Wood Johnson

Foundation. Retrieved from: <https://www.rwjf.org/en/library/research/2018/09/measuring-community-stress.html>

Child Trends. (2014). Children's Exposure to Violence. Retrieved from:

<https://www.childtrends.org/?indicators=childrens-exposure-to-violence>

Hobor, G., & Leviton, L. (2018). A Successful Model That Predicts and Prevents Violence. *Culture of Health Blog*.

Retrieved from: <https://www.rwjf.org/en/blog/2018/06/successful-model-that-predicts-and-prevents-violence.html>

Military OneSource. (2018). The Military Parenting Community: Enhancing Resilience One Family at a Time. Retrieved from:

<https://www.militaryonesource.mil/family-relationships/parenting-and-children/parenting-infants-and-toddlers/the-military-parenting-community-building-resilience-one-family-at-a-time>

Nationwide Children. (2018). Exposure to Community Violence and its Impact on our Youth. Retrieved from:

<https://www.nationwidechildrens.org/family-resources-education/700childrens/2018/01/exposure-to-community-violence-and-its-impact-on-our-youth>

THRIVE Initiative. (2018). What Are Adverse Childhood Experiences?. Retrieved from:

<https://thrive.psu.edu/what-are-adverse-childhood-experiences/>

Vigilanco, V. (2018). Military Children: Strong, Resilient, Adaptable Individuals. Retrieved from:

<https://dod.defense.gov/News/Article/Article/1505322/military-children-strong-resilient-adaptable-individuals/>

Whittington, K. (2017). Exposure to Community Violence as a New Adverse Childhood Experience Category: A Summary of a New Study. *ACEs Connection*. Retrieved from:

<https://www.acesconnection.com/blog/exposure-to-community-violence-as-a-new-adverse-childhood-experience-category-a-summary-of-a-new-study>

Podcasts/Webinars/Online Media:

American Academy of Pediatrics. (2014). *Adverse Childhood Experiences and the Lifelong*

Consequences of Trauma. Retrieved from: https://www.aap.org/en-us/Documents/ttb_aces_consequences.pdf

Szklarski, C. (2016). How ‘Vicarious Trauma’ is Passed Down From Parent to Child. Retrieved from:

<https://www.ctvnews.ca/health/how-vicarious-trauma-is-passed-down-to-from-parent-to-child-1.3153267>

Festival: Spotlight Health. (2018). Sesame Street: Helping Traumatized Children Cope. Retrieved from:

<https://www.aspenideas.org/session/sesame-street-helping-traumatized-children-cope>

Marlotte, L. (2018, March 22). Polishing our Protective Shields: Exploring Ways to Protect Youth from Violence. *MFLN Family Development*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/20313/>

McClatchey, I. (2018, April 25). Anchored. Episode 13| Handle with Care: Helping Children Cope with Parental Loss. *MFLN Family Development*. Podcast episode retrieved from:

<https://militaryfamilieslearningnetwork.org/podcast/anchored-episode-13-handle-with-care-helping-children-cope-with-parental-loss/>

Merrick, M. (2017, August 17). The Buffer Zone: What Adverse Childhood Experiences (ACE) Study Teaches about Maximizing Health and Wellbeing. *MFLN Family Development*. Webinar retrieved from:

<https://learn.extension.org/events/3027>

Mogil, C. (2017, July 13). From Diapers to Diplomas: Exploring Resilience in Military Children. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/3020>

Perkins, D. F. (2016, April 28). Pathway to Practice: Incorporating Evidence into Military Family Services. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/2541>

Pretti-Frontczak, K. (2017). Beyond the Shape Sorter: Playful Interactions that Promote Strong Academic and Social-emotional Skills. *MFLN FD Early Intervention*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/27229/>

Richmond, A., & Gunty, A. (2016). Discovering the Components of Strong Family Functioning. *MFLN Family Transitions*. Retrieved from: <https://learn.extension.org/events/2483>

Sesame Workshop. (2016). Sesame Street in Communities Webinar Series. Retrieved from: <https://sesamestreetincommunities.org/professional-development/webinars/>

Sesame Workshop. (2016). Sesame Street in Communities Podcast Series. Retrieved from: <https://itunes.apple.com/us/podcast/sesame-in-communities/id635364022?mt=2>

Additional Documents:

ACEs Connection. (2017). Exposure to Community Violence as a New Adverse Childhood Experience Category: A Summary of a New Study. Retrieved from: <https://www.acesconnection.com/blog/exposure-to-community-violence-as-a-new-adverse-childhood-experience-category-a-summary-of-a-new-study>

Child Welfare Information Gateway. (2017). 2016/2017 Prevention Resource Guide: Building Community, Building Hope. Retrieved from: https://www.childwelfare.gov/pubPDFs/guide_2017.pdf

THRIVE Initiative. (2018). Breathe to Thrive: Mindful Strategies for You and Your Child. Retrieved from: <http://thrive.psu.edu/wp-content/uploads/2018/02/Breathe-to-THRIVE-FINAL-web.pdf>