Resource List for MFLN Chronic Illness Webinars

- **Chronic Illness: Empowering Families in the Journey – Part I; January 19, 2017;** [https://learn.extension.org/events/2899](https://learn.extension.org/events/2899)
- **Chronic Illness: Empowering Families in the Journey – Part II; January 26, 2017;** [https://learn.extension.org/events/2900](https://learn.extension.org/events/2900)

**Webinar presenter:** Tai J. Mendenhall, Ph.D., LMFT, Medical Family Therapist and Associate Professor, University of Minnesota Department of Family Social Science; mend0009@umn.edu; 612-624-3138

**Articles/Research**


**Blogs**
- What’s Ailing Us: Things to consider when a loved one has a chronic illness: [https://militaryfamilies.extension.org/2017/01/16/whats-ailing-us-things-to-consider-when-a-loved-one-has-a-chronic-illness/](https://militaryfamilies.extension.org/2017/01/16/whats-ailing-us-things-to-consider-when-a-loved-one-has-a-chronic-illness/)

**Books**


**Journal Articles Nutrition and Dietetics**

• Practice Paper of the American Dietetic Association: Home Care—Opportunities for Food and Nutrition Professionals

• Practice Paper of the American Dietetic Association: *Nutrition Intervention in the Treatment of Eating Disorders*


**Podcasts**

• In Sickness & In Health: [http://www.insicknesspod.com/](http://www.insicknesspod.com/)

• Life After Chronic Illness: [https://goo.gl/BQ0p01](https://goo.gl/BQ0p01)

• Fully Sick: [https://goo.gl/IYz11Q](https://goo.gl/IYz11Q)

• Just a Spoonful: [https://goo.gl/I65kQV](https://goo.gl/I65kQV)

• Ouch: Disability Talk: [https://goo.gl/7UIrqX](https://goo.gl/7UIrqX)

• When Someone You Love Has a Chronic Illness: [https://goo.gl/DPnU6j](https://goo.gl/DPnU6j)
Websites

- The Mighty: https://themighty.com/
- But You Don’t Look Sick: https://butyoudontlooksick.com/
- Healing Well: http://www.healingwell.com/
- Invisible Disabilities Association: https://invisibledisabilities.org/

Webinars

- Understanding Narcotic Medications for Service Members. MFLN webinar; https://learn.extension.org/events/1723

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