

Resource List for *Military Family Financial Transitions* Webinar (October 2015)

Books

Boardman, J. in Miller, T. W. (Ed.). (2010). Handbook of stressful transitions across the lifespan. New York, NY: Springer Science & Business Media, LLC.

Journal Articles

Degraff, A. (2013). Military family finances: A systemic explorator study. Retrieved from: <http://repositories.tdl.org/ttu-ir/bitstream/handle/2346/50276/DEGRAFF-THESIS-2013.pdf?sequence=1>

Drummet, A. R., Coleman, M., & Cable, S. (2003). Military families under stress: Implications for family life education*. *Family Relations*, 52(3), 279-287.

Esposito-Smythers, C., Wolff, J., Lemmon, K. M., Bodzy, M., Swenson, R. R., & Spirito, A. (2011). Military youth and the deployment cycle: emotional health consequences and recommendations for intervention. *Journal of Family Psychology*, 25(4), 497

Hosek, J., & Wadsworth, S. M. (2013). Economic conditions of military families. *Future of Children*, 23(2), 41-59. doi: 10.1353/foc.2013.0009

Hoshmand, L. T., & Hoshmand, A. L. (2007). Support for military families and communities. *Journal of Community Psychology*, 35(2), 171-180. doi: 10.1002/jcop.20141

Livingston, W. G., Havice, P. A., Cawthon, T. W., & Fleming, D. S. (2011). Coming home; Student veterans' articulation of college re-enrollment. *Journal of Student Affairs Research and Practice*, 48(3), 315-331. doi:10.2202/1949-6605.6292

Parker, W. & Radunovich, H. L. (2012). *Before you go: Organizing Family Legal Matters and Finances Prior to Military Deployment*. (University of Florida IFAS Extension): <https://edis.ifas.ufl.edu/fy1328>

Rea, J., Behnke, A., Huff, N., & Allen, K. (2015). The role of online communication in the lives of military spouses. *Contemporary Family Therapy*, 37(3), 329-339. doi: 10.1007/s10591-015-9346-6

Schmidt, S. J. (2013). *Military Family Finances Surviving the Financial Stress of Deployment*. (InCharge.org): <https://www.incharge.org/military-money/story/military-family-finances-surviving>

Sherman, M. D., Hawkey, K. R., Smith, B., Rudi, J., Kuhl, M. W., Bommarito, R., Bloomfield, C., Majerle, A., Chen, S., Werner, E., & Borden, L. M. (2015). Supports for Military Spouses as Active Duty Service Members Transition out of the Military. Report submitted to the U.S. Department of Defense, March, 2015.

Varcoe, K. P., Lees, N. B., Wright, J., & Emper, N. (2003). Financial issues faced by Marine Corps families. *Journal of Financial Counseling and Planning*, 14(1), 43-50

Report or Research Brief

Anticipating the Landscape in the Years Ahead Report (University of Minnesota) Full Report: <https://reachmilitaryfamilies.umn.edu/sites/default/files/rdoc/v5%20Anticipating%20the%20Landscape%20in%20the%20Years%20Ahead.pdf>

Anticipating the Landscape in the Years Ahead Report (University of Minnesota) Summary: <https://reachmilitaryfamilies.umn.edu/research/document/5683>

Blue Star Families 2014 Military Family Lifestyle Survey Full Report and Summary:
<https://www.bluestarfam.org/resources/2014-military-family-lifestyle-survey>

Blue Star Families 2014 Military Family Lifestyle Survey Infographic:
<https://www.bluestarfam.org/sites/default/files/images/2014-military-family-lifestyle-survey.pdf>

Website

Benefits:

- *Wounded Warrior Pay Support* <http://www.dfas.mil/militarymembers/woundedwarrior/woundedwarriorpay.html>
- *Disability Pay Estimator* <http://www.dfas.mil/militarymembers/woundedwarrior/disabledretireest.html>
- *GI Bill FAQ:* <http://www.military.com/education/gi-bill/gi-bill-faqs.html?comp=1198882862970&rank=1>
- *Healthcare Choices When You Separate or Retire* (Military.com):
<http://www.military.com/money/retirement/military-retirement/healthcare-choices-for-military-retirement.html>
- *Military Benefits:* http://www.militarybenefits.com/military_retired.html
- *Transition Assistance Management Program:* <http://www.military.com/benefits/tricare/transition-assistance-management-program.html>
- *How Long Do Veterans Disability Benefits Last?* (Nolo):
<http://www.disabilitysecrets.com/resources/disability/veterans-disability/how-long-do-veterans-disability-benefits-last>
- *Post-9/11 GI Bill:* http://www.benefits.va.gov/gibill/post911_gibill.asp
- *Servicemembers Group Life Insurance (SGLI):* <http://www.benefits.va.gov/insurance/sgli.asp>
- *Separating from Government Service* (Thrift Savings Plan):
<https://www.tsp.gov/lifeevents/separating/separatingFromGovService.shtml>
- *Social Security: Disability Benefits for Wounded Warriors (2015).* <http://www.ssa.gov/pubs/EN-05-10030.pdf>
- *What Should You Do with Your TSP When You Leave the Service?* (The Military Wallet):
<http://themilitarywallet.com/tsp-leave-military-civil-service/>
- *Wounded Warrior Pay and Entitlements Handbook (2009).*
http://www.stripes.com/polopoly_fs/1.131309!/menu/standard/file/ww_handbook.pdf

FINRA National Financial Capability Study:

- *FINRA National Financial Capability Study (Military Sample) Full Report:*
http://www.usfinancialcapability.org/downloads/NFCS_2012_Report_Military_Findings.pdf
- *FINRA National Financial Capability Study (Military Sample) Summary of Findings:*
<http://www.usfinancialcapability.org/resultsm.php>
- *FINRA National Financial Capability Study (Military Sample) Summary Table:*
<http://www.usfinancialcapability.org/resultsm.php>
- *Transitions:* <http://www.saveandinvest.org/military/transition>
- Consumer Financial Protection Bureau (2015) A snapshot of complaints received from Servicemembers, Veterans, and their families. Retrieved from:
http://files.consumerfinance.gov/f/201504_cfpb_snapshot-of-complaints-received-from-servicemembers-veterans-and-their-families.pdf
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Transition Services:

- *First Command: Financial Services:* <http://www.firstcommand.com/military/military-financial-post-military.htm>
- *Rutgers VETS Program:* <http://sebsnjaesnews.rutgers.edu/2014/08/from-tour-of-duty-to-reaping-the-bounty-green-job-skills-and-entrepreneurship-focus-of-rce-program-for-veterans/>

Family and Relationships:

- *Four Things to Consider When Retiring from the Military*: http://www.militaryonesource.mil/phases-retiring?content_id=268674
- *Maintaining a Strong Relationship through Deployments and Separations*: http://www.militaryonesource.mil/health-wellness/deployment?content_id=268646
- *Separating from the Military at Your End of Active Service*: http://www.militaryonesource.mil/transition/military-separation?content_id=267528
- *Conversations about Transition: Resources for Separating Military Families*. <http://www.militaryfamily.org/featured-news/resources-for-separating-military-families.html?referrer=https://www.google.com/>
- *Transitioning to Civilian Life*. (NavyFederal.org): <https://www.navyfederal.org/life-money/military-transition.php>

Money Management Tools:

- *Small Steps to Health and Wealth™*: <http://njaes.rutgers.edu/sshw/>
- *Spending Plan Worksheet*: <http://njaes.rutgers.edu/money/pdfs/fs421worksheet.pdf>
- *The 52-Week Youth Money Challenge*: <http://www.slideshare.net/BarbaraONeill/52-week-money-challenge-for-youth0315>
- *Personal Finance for Military Families: Your One-Stop Guide to a Secure Financial Future*. http://www.in.gov/sos/indianamoneywise/files/Military_Families_Final.pdf
- *The 52-Week Money Challenge* (LGFCU): https://www.lgfcu.org/sites/default/files/docs/52week_challenge.pdf
- *Money and Mobility for Military Personnel and Families*. (SaveAndInvest.org): <http://www.saveandinvest.org/sites/default/files/Money-Mobility.pdf>