



**PERSONAL FINANCE**  
Military Families Learning Network



**FAMILY DEVELOPMENT**  
Military Families Learning Network



**FAMILY TRANSITIONS**  
Military Families Learning Network

## Online Resource for *Retirement Ready: Effective Strategies for Military Families* Webinar

<https://learn.extension.org/events/2688>

(November 1, 2016)

### Articles/Research

Hardison, Chaitra M. and Michael G. Shanley. Essential Skills Veterans Gain During Professional Military Training: A Resource for Veterans and Transitioning Service Members. Santa Monica, CA: RAND Corporation, 2016.

<http://www.rand.org/pubs/tools/TL160z3-1.html>

Helman, R., Copeland, C., & VanDerhei, J. (2016). The 2016 Retirement Confidence Survey: Worker Confidence Stable, Retiree Confidence Continues to Increase. *EBRI Issue Brief*, (422).

[https://www.ebri.org/pdf/surveys/rcs/2016/EBRI\\_IB\\_422.Mar16.RCS.pdf](https://www.ebri.org/pdf/surveys/rcs/2016/EBRI_IB_422.Mar16.RCS.pdf)

Rhee, N., & Boivie, I. (2015). The continuing retirement savings crisis. *Available at SSRN 2785723*.

<http://laborcenter.berkeley.edu/pdf/2015/RetirementSavingsCrisis.pdf>

Robertson, H. C., & Brott, P. E. (2014). Military veteran's midlife career transition and life satisfaction. *The Professional Counselor*, 4, 139-149. <http://files.eric.ed.gov/fulltext/EJ1063188.pdf>

### Blogs

*20 Tips for a Successful Retirement.* <http://articles.extension.org/pages/27760/20-tips-for-a-successful-retirement>

*Catch-Up Retirement Planning Strategies for Late Savers.* <http://articles.extension.org/pages/27769/catch-up-retirement-planning-strategies-for-late-savers>

*Creating a Retirement "Paycheck".* <http://articles.extension.org/pages/27768/creating-a-retirement-paycheck>

*Encouraging Service Members to Save for Retirement.* <https://blogs.extension.org/militaryfamilies/2015/02/09/encouraging-service-members-to-save-for-retirement/>

*Financial Security: Retirement Planning.* <http://articles.extension.org/pages/8633/financial-security:-retirement-planning>

*How to Make Required Minimum Withdrawals from Retirement Savings Plans.*

<http://articles.extension.org/pages/27766/how-to-make-required-minimum-withdrawals-from-retirement-savings-plans>

*Making the Most of IRAs and other Tax-Differed Retirement Savings.* <http://articles.extension.org/pages/27764/making-the-most-of-iras-and-other-tax-deferred-retirement-savings>

*Making the Right Move in Retirement: Where Will You Live?* <http://articles.extension.org/pages/27763/making-the-right-move-in-retirement:-where-will-you-live>

*Making Money Last in Retirement.* <http://articles.extension.org/pages/27765/making-money-last-in-retirement>

[carlo-analysis-in-retirement-planning:-will-i-run-out-of-money](#)

*Retirement Planning Over the Life Cycle.* <https://blogs.extension.org/militaryfamilies/2016/10/25/retirement-planning-over-the-life-cycle/>

*Retirement Readiness.* <https://blogs.extension.org/militaryfamilies/tag/saving-for-retirement/>

*Social Security “Need to Knows”.* <https://blogs.extension.org/militaryfamilies/tag/retirement-planning/>

*What is the full retirement age for baby boomers and those who follow them?* <http://articles.extension.org/pages/38722/what-is-the-full-retirement-age-for-baby-boomers-and-those-who-follow-them>

*Separation Anxiety: The Emotional Side of Military*

*Retirement:* <https://blogs.extension.org/militaryfamilies/2016/10/24/separation-anxiety-the-emotional-side-of-military-retirement/>

*Planning for military retirement: The benefits that will help you and the challenges you may face:*

<http://www.blogs.va.gov/VAntage/26695/planning-for-military-retirement-the-benefits-that-will-help-you-and-the-challenges-you-may-face/>

## **Calculators**

*Ballpark Estimate Retirement Savings Calculator (Choose to Save):* <http://www.choosetosave.org/ballpark/>

*Savings Calculator (Dinkeytown.net):* <http://www.dinkytown.net/java/CompoundSavings.html>

## **Web Sites**

*4 Things to Consider When Retiring From the Military (Military One Source):* [http://www.militaryonesource.mil/phases-retiring?content\\_id=268674](http://www.militaryonesource.mil/phases-retiring?content_id=268674)

*Annual Limits Relating to Financial Planning (College for Financial Planning):* <http://www.cffpinfo.com/annual-limits/>

*Blended Retirement System FAQs (U.S. Department of Defense):*

<http://militarypay.defense.gov/Portals/107/Documents/BlendedRetirementDocuments/FAQ%20for%20BRS.pdf>

*Blended Retirement System Infographic (U.S. Department of Defense):*

[https://www.uscg.mil/hq/cg1/cg131/docs/mbr\\_res/BlendedRetirementSystemInfographic.pdf](https://www.uscg.mil/hq/cg1/cg131/docs/mbr_res/BlendedRetirementSystemInfographic.pdf)

*Choosing Financial Professionals (eXtension Investing For Your Future home study course):*

<http://articles.extension.org/pages/10899/investing-unit-10:-choosing-financial-professionals>

*Employee Retirement Income Security Act (ERISA) (U.S. Department of Labor):*

<https://www.dol.gov/general/topic/retirement/erisa>

<http://www.dfas.mil/retiredmilitary/apply/how-to-apply.html>

*Invest NOW: Money in Retirement Online Course* (University of Minnesota Extension):

<http://www.extension.umn.edu/family/live-healthy-live-well/healthy-wallets/investing-and-retirement/invest-now-online-course/>

*myRA* (U.S. Department of the Treasury): [www.myra.gov](http://www.myra.gov)

*My Retirement Paycheck* (National Endowment for Financial Education): <http://www.myretirementpaycheck.org/>

*Planning Ahead for Retirement* (University of Minnesota Extension; S. Danes, 2013):

<http://www.extension.umn.edu/family/live-healthy-live-well/healthy-wallets/investing-and-retirement/planning-ahead-for-retirement/>

*Planning for a Secure Retirement Lesson. (eXtension course).* <http://articles.extension.org/pages/9389/planning-for-a-secure-retirement-lesson-english-version>

*Retirement Plans (eXtension Investing For Your Future home study course):*

<http://articles.extension.org/pages/9664/investing-unit-7:-retirement-plans>

*Social Security: My Social Security:* <https://www.ssa.gov/myaccount/>

*State Health Insurance Assistance Program (SHIP):* <https://www.shiptacenter.org/>

*Thrift Savings Plan (TSP):* <https://www.tsp.gov>

*TRICARE Cost Co-Pay Schedule* (Military.com): <http://www.military.com/benefits/tricare/tricare-cost-co-pay-schedule.html>

*TRICARE for Life* (Military.com): <http://www.military.com/benefits/tricare/retiree/tricare-for-life.html>

*Uniform Distribution Table* (IRS/Rutgers Cooperative Extension): <http://njaes.rutgers.edu/money/ira-table.asp>

*Make the Connection:*

<http://maketheconnection.net/stories/189> (videos: Challenges after retiring from a military career)

*Military OneSource:*

<http://www.militaryonesource.mil/>

## **Webinars**

*Calculating What to Save for Retirement.* <https://learn.extension.org/events/1716>

*Retirement Ready? Effective Strategies for Military Families Part I.* <https://learn.extension.org/events/2688>

*Retirement Ready? Effective Strategies for Military Families Part II.* <https://learn.extension.org/events/2787>

*Thrift Savings Plan Review.* <https://learn.extension.org/events/2361>

