

### **Family Readiness System:**

The network of agencies, programs, services, and individuals, and the collaboration among them, that promotes the readiness and quality of life of Service members and their families.

### **Community Capacity Building:**

- Identifies priority issues/challenges through assessment
- Defines readiness outcomes
- Identifies formal system and informal network supports that promote the achievement of readiness outcomes
- Specifies community capacity building strategies (evidence-based programs/practices and practice-based evidence strategies) that promote formal and informal network supports.

### **Military Family Readiness:**

- The state of being prepared to effectively navigate the challenges of daily living experienced in the unique context of military service.
- Ready individuals and families are
  - knowledgeable about the potential challenges they may face;
  - equipped with the skills to competently function in the face of such challenges;
  - aware of the supportive resources available to them; and make use of the skills and supports in managing such challenges.
- Includes mobility and financial readiness, mobilization and deployment readiness, and personal and family life readiness.