



FAMILY DEVELOPMENT
Military Families Learning Network



FAMILY TRANSITIONS
Military Families Learning Network

**Project In Sight:
The Joys and Challenges of Reintegration after Deployment
October 27, 2016**

Additional Resources:

Articles:

- Bowling, U.B. & Sherman, M.D. Welcoming them home: Supporting service members and their families in navigating the tasks of reintegration. *Professional Psychology: Research and Practice* 39, 451-458.
<https://msrc.fsu.edu/system/files/Bowling%20and%20Sherman%202008%20Welcoming%20them%20home--%20supporting%20service%20members%20and%20their%20families%20in%20navigating%20the%20tasks%20of%20reintegration.pdf>
- Creech, S.K., Hadley, W., & Borsari, B. (2014). The impact of military deployment and reintegration on children and parenting: A systematic review. *Professional Psychology: Research and Practice*, 45(6), 452.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4383395/>
- Demers, A. (2011). When veterans return. The role of community in reintegration. *Journal of Loss and Trauma*, 16(2), 160-179.
<http://mha.ohio.gov/Portals/0/assets/Learning/CulturalCompetence/Subgroups/Veterans/Full%20Articles/Veterans.Community.Reintegration.pdf>
- Doyle, M.E. & Peterson, K.A. (2005) Re-Entry and Reintegration: Returning home after combat. *Psychiatric Quarterly* 76, 4.
<http://mha.ohio.gov/Portals/0/assets/Learning/CulturalCompetence/Subgroups/Veterans/Full%20Articles/Veterans.Community.Reintegration.pdf>
- Gewirtz, A.H., Pinna, K.L.M., Hanson, S.K., & Brockberg, D. (2014) Promoting Parenting to Support Reintegrating Military Families: After deployment, adaptive parenting tools. *Psychological Services* 11, 31-40.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4030517/>
- Glynn, S.M. (2013) Family-Centered care to promote successful community reintegration after war: It takes a nation. *Clinical Child and Family Psychology Review* 16, 410-414
- Marek, L., Hollingsworth, W., D'Aniello, C., O'Rourke, K., Brock, D., Moore, L., ... Wiles,



FAMILY DEVELOPMENT
Military Families Learning Network



FAMILY TRANSITIONS
Military Families Learning Network

B. (2014) Returning home: What we know about the reintegration of deployed services members into their families and communities. *NCFR Report Magazine*.
<https://www.ncfr.org/ncfr-report/focus/military-families/returning-home>

Riggs, S.A. & Riggs, D. S. Risk and resilience in military families experiencing deployment: The role of the family attachment network. *Journal of Family Psychology* 25, 675-687.
[http://s3.amazonaws.com/academia.edu.documents/44213112/JFP2011Riggs-Riggs.pdf?AWSAccessKeyId=AKIAJ56TQJRTWSMTNPEA&Expires=1477351611&Signature=mugPDsHJ8VcGsrQFIDCnRsL3F9M%3D&response-content-disposition=inline%3B%20filename%3DRisk and Resilience in Military Families.pdf](http://s3.amazonaws.com/academia.edu.documents/44213112/JFP2011Riggs-Riggs.pdf?AWSAccessKeyId=AKIAJ56TQJRTWSMTNPEA&Expires=1477351611&Signature=mugPDsHJ8VcGsrQFIDCnRsL3F9M%3D&response-content-disposition=inline%3B%20filename%3DRisk%20and%20Resilience%20in%20Military%20Families.pdf)

Blogs:

Dorman, R. & Radunovich, H. (2014). Veteran Reintegration.
<https://blogs.extension.org/militaryfamilies/2014/06/30/veteran-reintegration/>

The First 30 Days of Reintegration-

- Part 1 of 4: The Honeymoon Phase
<https://blogs.extension.org/militaryfamilies/2016/05/31/the-first-30-days-of-reintegration-part-1-of-4-the-honeymoon-phase/>
- Part 2 of 4: Establishing New Routines
<https://blogs.extension.org/militaryfamilies/2016/06/08/the-first-30-days-of-reintegration-part-2-of-4-establishing-new-routines/>
- Part 3 of 4: Working on Relationships
<https://blogs.extension.org/militaryfamilies/2016/06/15/the-first-30-days-of-reintegration-part-3-of-4-working-on-relationships/>
- Part 4 of 4: Importance of Support Networks & Keeping Things in Perspective
<https://blogs.extension.org/militaryfamilies/2016/06/22/the-first-30-days-of-reintegration-part-4-of-4-importance-of-support-networks-keeping-things-in-perspective/>

From the Front Lines to the Front Door: Going Back to Family Life After Deployment
<https://blogs.extension.org/militaryfamilies/2016/07/11/from-the-front-lines-to-the-front-door-going-back-to-family-life-after-deployment/>

How Can We Support Returning Veterans and their Families?
<https://blogs.extension.org/militaryfamilies/2012/05/01/how-can-we-support-returning-veterans-and-their-families/>



FAMILY DEVELOPMENT
Military Families Learning Network



FAMILY TRANSITIONS
Military Families Learning Network

Insights from a Military Parent (Part 5): Adjusting to Home Life after Deployment
<https://blogs.extension.org/militaryfamilies/2013/06/11/insights-from-a-military-parent-part-5-adjusting-to-home-life-after-deployment/>

Partners' Perceptions of PTSD Symptoms
<https://blogs.extension.org/militaryfamilies/tag/ptsd-resources/>

Veteran Reintegration
<https://blogs.extension.org/militaryfamilies/2014/06/30/veteran-reintegration/>

Young Children and Reintegration: When a Deployed Parent Comes Home
<http://articles.extension.org/pages/68393/young-children-and-reintegration:-when-a-deployed-parent-comes-home>

Books:

Friedman, M. J. & Slone, L.B. (2008). *After the war zone: A practical guide for returning troops and their families*. Cambridge, Massachusetts: De Capo Press.

Hoge, C. (2010). *Once a warrior, always a warrior: Navigating the transition from combat to home including combat stress, PTSD, and mTBI*. Guilford, Connecticut: The Globe Pequot Press.

Sayers, S. L. (2014). *Coming back together: A guide to successful reintegration after your partner returns from military deployment*. Oakland, California: New Harbinger Publications.

Webinars:

Building Resiliency during Change- Finding Courage Within
<https://learn.extension.org/events/2107>

Communicating Effectively during Transitions- managing Turbulence and Dilemmas
<https://learn.extension.org/events/2141>

The Experience of Reintegration for Military Families and Implications for DOD
<https://learn.extension.org/events/2484>

Getting to Know You (Again): Helping Young Children Adjust to the Return of a Military Parent



FAMILY DEVELOPMENT
Military Families Learning Network



FAMILY TRANSITIONS
Military Families Learning Network

<https://learn.extension.org/events/1071>

Returning Warriors: Using Outdoor Recreation for Restoration and Resilience
<https://learn.extension.org/events/2307>

Websites:

MN Beyond the Yellow Ribbon

<http://www.beyondtheyellowribbon.org/>

Military OneSource

<http://www.militaryonesource.mil/>

Substance Abuse and Mental Health Services Administration (SAMHSA)

<http://www.samhsa.gov/veterans-military-families/reintegration-into-civilian-life>

University of MN Military REACH

<https://reachmilitaryfamilies.umn.edu/>

Other Resources:

Bommarito, R., Bloomfield, C., Borden, L., Brunette, E., Hawkey, K., & Shortreed, T.

(2015). The Experience of Reintegration for Military Families and the Implications for Yellow Ribbon Reintegration Programming. Military REACH.

<https://reachmilitaryfamilies.umn.edu/sites/default/files/rdoc/The%20Experience%20of%20Reintegration%20for%20Military%20Families%20and%20Implications%20for%20YRRP.pdf>

Borden, L., Goldberg, R., Hawkey, K., Hess, S., Wittcoff Kuhl, M., Larsen, J., & Westerhof, L. (2014). Anticipating the Landscape in years Ahead: Military Members Transition to a Post-War Mission.

<https://reachmilitaryfamilies.umn.edu/sites/default/files/rdoc/v5%20Anticipating%20the%20Landscape%20in%20the%20Years%20Ahead.pdf>

U.S. Department of Veterans Affairs. Returning from the War Zone.

http://www.ptsd.va.gov/public/PTSD-overview/reintegration/returning_from_the_war_zone_guides.asp

Zero to Three. (2016). Homecoming: How to Reconnect After Separation.

<https://www.zerotothree.org/resources/427-homecoming-how-to-reconnect-after-separation>