



U.S. DEPARTMENT
OF DEFENSE



FAMILY DEVELOPMENT

Military Families Learning Network

Strategies to Support Families Experiencing Difficult Circumstances

Resources Discussed During Webinar:

Articles:

Center on the Developing Child (2009). *Five Numbers to Remember About Early Childhood Development* (Brief). Retrieved from www.developingchild.harvard.edu

Center on the Developing Child at Harvard University (2016). *From Best Practices to Breakthrough Impacts: A Science-Based Approach to Building a More Promising Future for Young Children and Families*. www.developingchild.harvard.edu

Websites:

The American Psychological Association's Resilience Guide

<http://www.apa.org/helpcenter/resilience.aspx>

• Deployment Resources:

The American Academy of Child and Adolescent Psychiatry Military Family Resource Center

http://www.aacap.org/aacap/families_and_youth/resource_centers/Military_Families_Resource_Center/Home.aspx

Center for Parent Information and Resources

<http://www.parentcenterhub.org/repository/military/>

Defense Centers of Excellence

http://dcoe.mil/Families/Support_For_Children.aspx

Military One Source

<http://www.militaryonesource.mil/deployment-and-transition>

Military.com Deployment Guides and Resources by Branch of Service

<http://www.military.com/deployment/deployment-guides-and-resources.html>

MilitaryOneClick Family Support and Deployment Resources

<http://militaryoneclick.com/family/#deployment>

National Military Family Association

<http://www.militaryfamily.org/kids-operation-purple/deployment.html>

ZeroToThree Young Children on the Homefront: Family Stories, Family Strengths

<https://www.zerotothree.org/resources/series/young-children-on-the-homefront-family-stories-family-strengths>

ZeroToThree Military and Veteran Families Support

<https://www.zerotothree.org/early-learning/military-and-veteran-families-support>

• Substance Abuse Resources:

Military Substance Abuse Programs

http://www.militaryonesource.mil/crisis-prevention?content_id=268706

Substance Abuse and Mental Health Services Administration

<http://www.samhsa.gov/veterans-military-families>

Substance Abuse Policy and Treatment

http://www.militaryonesource.mil/health-and-wellness/prevention-care?content_id=282344

- **Infant or Child Death and Loss Resources:**

Five Resources for Military Families Dealing with Infant Loss

<http://militaryoneclick.com/5-resources-military-families-infant-loss/>

Five Things I Learned About Child Loss In The Military

<http://stillstandingmag.com/2016/07/5-things-i-learned-about-child-loss-in-the-military/>

Military Family Life Counselors (MFLC)/Military Family Support Coordinators (MFSC)

<http://www.militaryonesource.mil/non-medical-counseling>

Tricare Mental Health Care Services

<http://www.tricare.mil/CoveredServices/Mental/GettingMHCare>

- **Family Violence Resources:**

Domestic Abuse: Military Reporting Options

http://www.militaryonesource.mil/health-and-wellness/family-violence?content_id=282308

Family Advocacy Program

<http://www.militaryinstallations.dod.mil/MOS/f?p=MI:ENTRY:0>

Transitional Compensation Program

http://www.militaryonesource.mil/health-and-wellness/family-violence?content_id=282312

Videos:

Serve and Return from Harvard University Center on the Developing Child

<http://developingchild.harvard.edu/science/key-concepts/serve-and-return/>

TVOParents.com: Nurturing Your Child's Early Brain Development

<https://youtu.be/t4ZomIKxRNE>

Advice From a Former Law Enforcement Professional

<https://youtu.be/o349VapEnLc>

Reflective Tool:

Zinger Activity for RBI and Intervention by N. Younggren and D. Kreager

<http://create.extension.org/sites/default/files/Zinger%20Activity.png>

Additional Useful Resources

Videos:

TED Talk: How Childhood Trauma Affects Health Across the Lifespan by Dr. Nadine Burke Harris

<https://youtu.be/95ovIJ3dsNk>

TED Talk: Why Domestic Violence Victims Don't Leave by Leslie Morgan Steiner

<https://youtu.be/V1yW5IsnSjo>

Websites:

CDC Injury Prevention & Control: Division of Violence Prevention, Adverse Childhood Experiences (ACEs)

<https://www.cdc.gov/violenceprevention/acestudy/>

Sesame Street for Military Families

<http://www.sesamestreetformilitaryfamilies.org/>

How to Report Child Abuse As a Member of the Military

http://www.militaryonesource.mil/health-and-wellness/family-violence?content_id=282305

Family Advocacy Program (FAP): A comprehensive and in-depth look at the FAP

<https://www.federalregister.gov/documents/2015/03/04/2015-04310/family-advocacy-program-fap>