

Dec 6th 2018 | Sesame Street Overview on Military Resources, Kids Serve Too! Series
Facilitator: Antonio Freitas
Event Link: <https://militaryfamilieslearningnetwork.org/event/22073/>

Additional Resources:

Articles:

- Czymoniewicz-Klippel, M.T., Chesnut, R.P., DiNallo, J.M., & Perkins, D.F. (2018). Evidence-informed program developing: Using a common components analysis approach to develop universal parenting programs for US military and civilian families. *Children and Youth Services Review, 90*, 166-177.
- Flittner O'Grady, A., Thomaseo, B. E., Chawla, N., Topp, D., & MacDermid Wadsworth, S. (2016). Evaluation of a multimedia intervention for children and families facing multiple military deployments. *The Journal of Primary Prevention, 37*(1), 53-70.
- Karre, J.K., Perkins, D.F., Aronson, K.R., DiNallo, J., Kyler, S.J., Olson, J., & Mentzer, C.E. (2017). A Continuum of Evidence on Evidence-Based Programs: A New Resource for Use in Military Social Service Delivery. *Military Behavioral Health, 5*(4). 346-355.
- Morris, A. S., Criss, M.M., Silk, J., & Houtberg, B. (2017). The impact on emotion regulation during childhood and adolescence. *Child Development Perspectives, 11*(4), 233-238.
- Newton, E. K., Laible, D., Carlo, G., Steele, J. S., & McGinley, M. (2014). Do sensitive parents foster kind children, or vice versa? Bidirectional influences between children's prosocial behavior and parental sensitivity. *Developmental Psychology, 50*(6), 1808–1816. <https://doi.org/10.1037/a0036495>.
- Nolan, J., Lindeman, S., & Varghese, F. P. (2018). Mobile app interventions for military and veteran families: Before, during, and after deployment. *Psychological Services*, Nov 8, 2018.
- Osofsky, J. D. & Chartrand, M. M. (2013). Military children from birth to five years. *Future of Children, 23*(2), 61-77.
- Perkins, D.F., Aronson, K.R., Karre, J., Kyler, S.J., & DiNallo, J.M. (2016). Reducing Barriers to evidence-based practice with military families: Clearinghouse for military family readiness. *Military Behavioral Health, 4*(1), 47-57.
- Russo, T. & Fallon, T. (2015). Coping with stress: Supporting the needs of military families and their children. *Early Childhood Education Journal, 43*(5), 407-416.
- Saltzman, W.R., Lester, P., Milburn, N., Woodward, K., & Stein, J. (2016). Pathways of risk and resilience: Impact of a family resilience program on active-duty military parents. *Family Process, 55*(4), 633-646.
- Samuels, W. E. (2018). Nurturing kindness naturally: A humane education program's effect on the prosocial behavior of first and second graders across China. *International Journal of Educational Research, 91*, 49–64.
<https://doi.org/10.1016/j.ijer.2018.08.001>
- Sherman, M. D., Monn, A., Larsen, J. L., & Gewirtz, A. (2018). Evaluation of a Sesame Street multimedia intervention for families transitioning out of the military. *Journal of Child & Family Studies, 27*(8), 2533-2540.

Books/ Book Chapters:

- Gerwitz, A.H., Youssef, A.M., & Wadsworth, S.M. (Eds.). (2016). *Parenting and Children's Resilience in Military Families*. Springer International Publishing.
- Hall, L.K. (2016). *Counseling Military Families: What Mental Health Professionals Need to Know*. New York, NY: Routledge.
- Penk, W. & Ainspan, N. D. (2012). *When the Warrior Returns: Making the Transition at Home*. Annapolis Md: Naval Institute Press.
- Tom, S. T. & Glynn, S. M. (2016). Parenting issues in military and veteran families. *Handbook of Psychosocial Intervention for Veterans and Service Members*. New York NY: Oxford.

Links:

- Armed Services YMCA: <https://www.asymca.org/>
- Caribu: Video Calling App: <https://caribu.com/>
- Center for the Study of Traumatic Stress: <https://www.cstsonline.org/>
- Clearinghouse for Military Family Readiness: <https://militaryfamilies.psu.edu/>
- Coming Home Project: <http://cominghomeproject.net/>
- FOCUS: Family Resiliency Training for Military Families: <https://www.focusproject.org/>
- Healthy Children.org: <https://www.healthychildren.org/English/Pages/default.aspx>
- Hello Grief: <http://www.hellogrief.org/>
- Human Performance Resource Center: Family Readiness and Resilience: <https://www.hprc-online.org/page/family-relationships/family-readiness-resilience>
- Inclusivity Handout- Clearinghouse for Military Family Readiness: http://psuinclusivity.wpengine.com/wp-content/uploads/2018/02/Inclusivity_FINAL.pdf
- Military Child Education Coalition: <https://www.militarychild.org/>
- Military Kids Connect: YouTube Channel: <https://www.youtube.com/user/MilitaryKidsConnect>
- Military OneSource: Parenting: <http://www.militaryonesource.mil/parenting?inheritRedirect=true>
- National Alliance for Grieving Children: <https://childrengrieve.org/>
- National Military Family Association: <https://www.militaryfamily.org/>
- Operation Homefront: <https://www.operationhomefront.org/>
- PBS Parents. Coming Home: Military Families Cope with Change: <http://www.pbs.org/parents/cominghome/>
- Sesame Street for Military Families: <http://sesamestreetformilitaryfamilies.org/>

Sesame Street for Military Families: Feeling Faces Activity: <https://sesamestreetformilitaryfamilies.org/game/feeling-faces/>

Sesame Street for Military Families: For Providers: <https://sesamestreetformilitaryfamilies.org/providers/>

Sesame Street for Military Families: Mobile Apps: <https://sesamestreetformilitaryfamilies.org/mobile-apps/>

Sesame Street for Military Families: Mood Monster Activity: <https://sesamestreetformilitaryfamilies.org/game/mood-monster/>

Sesame Street for Military Families: Transitions: <https://www.sesamestreet.org/toolkits/veterans>

Sesame Street. Resilience: Little children, big Challenges Toolkit: <https://www.sesamestreet.org/toolkits/challenges>

Sesame Street in Communities: Webinars: <https://sesamestreetincommunities.org/professional-development/webinars/>

THRIVE Initiative: <https://thrive.psu.edu/>

UCLA Nathanson Family Resilience Center: <https://nfrc.ucla.edu/>

Zero to Three: Military Family Projects: <https://www.zerotothree.org/our-work/military-family-projects>

Blogs:

Bardenhagen, R. & Mahadevan, L. (2018). ABC Plan for Changing Behavior at Home and School. *MFLN Military Caregiving*. Retrieved from: <https://militaryfamilieslearningnetwork.org/2018/06/15/abc-plan-for-changing-behavior-at-home-and-school/>

Betancourt, J. & Schubert, S. (2017). New Sesame Street Tools Help Build Resiliency. *Culture of Health Blog*. Retrieved from: https://www.rwjf.org/en/blog/2017/10/sesame_street_tools_build_resiliency.html

Bushatz, A. (2018). Even More New Military Family Help Up From Sesame Street. Retrieved from: <https://www.military.com/spousebuzz/2018/04/05/even-more-new-military-family-help-sesame-street.html>

Duncan, A. (2018). Fun Ways to Celebrate Your Child's Birthday without a Party. Retrieved from: <https://www.thespruce.com/celebrate-childs-birthday-without-party-3129323>

Hart, K. (2017). Sesame Street Offers Resources and Tips for Military Families Experiencing Frequent Moves. Retrieved from: https://www.huffingtonpost.com/entry/sesame-street-offers-resources-and-tips-for-military-us_5962dcd1e4b08f5c97d06af5

Military OneSource. (2018). Sesame Street for Military Families: Helping Kids through Life's Milestones. Retrieved from: <https://www.militaryonesource.mil/family-relationships/parenting-and-children/parenting-through-deployment/sesame-street-for-military-families?inheritRedirect=true>

Military OneSource. (2018). The Military Parenting Community: Enhancing Resilience One Family at a Time. Retrieved from: <https://www.militaryonesource.mil/family-relationships/parenting-and-children/parenting-infants-and-toddlers/the-military-parenting-community-building-resilience-one-family-at-a-time>

THRIVE Initiative. (2018). How to Talk to Kids about Tolerance, Acceptance, and Diversity. Retrieved from: <https://thrive.psu.edu/talking-to-kids-about-tolerance-acceptance-diversity/>

Vigilanco, V. (2018). Military Children: Strong, Resilient, Adaptable Individuals. Retrieved from:

<https://dod.defense.gov/News/Article/Article/1505322/military-children-strong-resilient-adaptable-individuals/>

Podcasts/Webinars/Online Media:

Gewirtz, A. (2016). Parenting during Times of Transition Part 2: Promoting Effective Parenting during Deployment and Reintegration. *MFLN Family Transitions*. Retrieved from: <https://learn.extension.org/events/2400>

Gillen, M. & Mixon, K. (2018, July 10). Family Finances Series: Separation & Single Parenting in the Military. *MFLN Family Development and Personal Finance*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/20237/>

Marlotte, L. (2018, March 22). Polishing our Protective Shields: Exploring Ways to Protect Youth from Violence. *MFLN Family Development*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/20313/>

Merrick, M. (2017, August 17). The Buffer Zone: What Adverse Childhood Experiences (ACE) Study Teaches about Maximizing Health and Wellbeing. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/3027>

Mogil, C. (2017, July 13). From Diapers to Diplomas: Exploring Resilience in Military Children. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/3020>

Perkins, D.F. (2016, April 28). Pathway to Practice: Incorporating Evidence into Military Family Services. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/2541>

Pretti-Frontczak, Kristie. (2017). Beyond the Shape Sorter: Playful Interactions that Promote Strong Academic and Social-emotional Skills. *MFLN FD Early Intervention*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/27229/>

Richmond, A. & Gunty, A. (2016). Discovering the Components of Strong Family Functioning. *MFLN Family Transitions*. Retrieved from: <https://learn.extension.org/events/2483>

Sesame Workshop. (2016). Sesame Street in Communities Webinar Series. Retrieved from: <https://sesamestreetincommunities.org/professional-development/webinars/>

Sesame Workshop. (2016). Sesame Street in Communities Podcast Series. Retrieved from: <https://itunes.apple.com/us/podcast/sesame-in-communities/id635364022?mt=2>

Sherman, M. D. (2016). Parenting during Times of Transition Part 1: Challenges, Opportunities, and Resources for Parents Living with PTSD. *MFLN Family Transitions*. Retrieved from: <https://learn.extension.org/events/2399>

Trivette, Carol. (2016). Strategies to Support Families Experiencing Difficult Circumstances. *MFLN FD Early Intervention*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/27902/>

Additional Documents:

ACEs Connection. (2014). Trauma Informed Care Toolkits. Retrieved from:

<https://www.acesconnection.com/blog/trauma-informed-care-toolkits-1?reply=419011722444012149>

Military OneSource. (2018). The New Parent Support Program. Retrieved from:

<http://www.militaryonesource.mil/web/mos/-/the-new-parent-support-program>

Military Spouse. (2017). Sesame Street for Military Families Supports Family Health. Retrieved from:

<https://militaryspouse.com/news/sesame-street-for-military-families-supports-family-health/>

THRIVE Initiative. (2018). Breathe to Thrive: Mindful Strategies for You and Your Child. Retrieved from:

<http://thrive.psu.edu/wp-content/uploads/2018/02/Breathe-to-THRIVE-FINAL-web.pdf>