



## **Walking the Path: Exploring the Journey of Posttraumatic Growth**

### **Additional Resources:**

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- Cabrera, O.A., Hoge, C.W., Bliese, P.D., Castro, C.A., & Messer, S.C. (2007). Childhood Adversity and Combat as Predictors of Depression and Post-Traumatic Stress in Deployed Troops. *American Journal of Preventive Medicine*, 33(2), 77-82. PDF: [https://www.ajpmonline.org/article/S0749-3797\(07\)00235-8/pdf](https://www.ajpmonline.org/article/S0749-3797(07)00235-8/pdf)
- Center for Disease Control & Prevention (CDC). (2016). Adverse Childhood Experiences (ACEs). Retrieved from: <https://www.cdc.gov/violenceprevention/acestudy/index.html>
- LeardMann, C.A., Smith, B., Ryan, M.A. (2010). Do adverse childhood experiences increase the risk of postdeployment posttraumatic stress disorder in US Marines? *BMC Public Health*, 10(1), 437. PDF: <https://bmcpublihealth.biomedcentral.com/track/pdf/10.1186/1471-2458-10-437>
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Military OneSource. (2018). Protect your Children from Health Risks by Building Family Resilience. Retrieved from: <https://www.militaryonesource.mil/web/mos/-/protect-your-children-from-health-risks-by-building-family-resilience>

Sareen, J. Henriksen, C.A., Bolton, S.L., & Afifi, T.O. (2013). Adverse childhood experiences in relation to mood and anxiety disorders in a population-based sample of active military personnel. *Psychological Medicine*, 43(1), 73-84. Link: <https://www.cambridge.org/core/journals/psychological-medicine/article/adverse-childhood-experiences-in-relation-to-mood-and-anxiety-disorders-in-a-populationbased-sample-of-active-military-personnel/5845C725A07254E7F2E0BBB51177F1D5>