1. Culinary medicine is a new facet to medical education at the Tulane School of Medicine Teaching Kitchen at the Goldring Center for Culinary Medicine, the first of its kind in America. [https://www.nationalgeographic.com/people-and-culture/food/the-plate/2015/01/29/food-medicine-health-super-bowl-sunday/](https://www.nationalgeographic.com/people-and-culture/food/the-plate/2015/01/29/food-medicine-health-super-bowl-sunday/)

2. Culinary medicine is the practice of helping patients use nutrition and good cooking habits to restore and maintain health. It's a new field that combines important scientific principles related to nutrition, behavior and medicine. [https://www.acpm.org/page/culinarymedicine](https://www.acpm.org/page/culinarymedicine)

3. Culinary Medicine – Resources for Patients and Clinicians [https://www.acpm.org/page/culinarymedicine#recipes](https://www.acpm.org/page/culinarymedicine#recipes)

4. “Imagine this: Right next to the lab where blood is drawn and blood pressure is taken stands a fully stocked kitchen — in your doctor's office.” [https://www.npr.org/sections/13.7/2016/02/18/467074258/cooking-with-your-doctor-the-new-culinary-medicine](https://www.npr.org/sections/13.7/2016/02/18/467074258/cooking-with-your-doctor-the-new-culinary-medicine)


