

WEBINAR

Professional Development

EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/22082/>

HOW TO JOIN

To join the webinar use the 'Event Location' link above and follow all directions within this site. The webinar is hosted by the All Partners Access Network (APAN), but will also be available through YouTube Live. By using APAN attendees will be able to participate with the presenter and other audience members. For a broadcast only webinar, participants have the option of connecting via YouTube Live.

CE CREDIT & CERTIFICATE OF COMPLETION

The MFLN Military Caregiving concentration will apply for continuing education (CE) credit from the UT School of Social Work for credentialed and licensed professionals. Certificates of completion will also be available for participants interested in receiving training hours.

PRESENTER

Richard G. Tedeschi, Ph.D.
Professor of Psychology
University of North Carolina Charlotte

Richard G. Tedeschi received his B.A. in Psychology from Syracuse University, his Ph.D. in Clinical Psychology from Ohio University, and completed his Clinical Psychology Internship at The University of North Carolina School of Medicine. Dr. Tedeschi is Professor of Psychology at the University of North Carolina at Charlotte, where he teaches personality and psychotherapy, and serves as Graduate Coordinator for the MA Psychology program. He is a Licensed Psychologist specializing in bereavement and trauma. With his colleague Lawrence Calhoun, he has published books on posttraumatic growth, an area of research that they have developed that examines personal transformations in the aftermath of traumatic life events. Their most recent book is *Posttraumatic Growth in Clinical Practice* (2013). Dr. Tedeschi serves as a consultant to the American Psychological Association on trauma and resilience, and as a subject matter expert for the US Army's Comprehensive Soldier Fitness Program.



JULY 18, 2018 | 11 AM Eastern

OPPORTUNITIES & POSSIBILITIES: POSTTRAUMATIC GROWTH IN RESEARCH & PRACTICE (PT. 1)

In this presentation, Richard Tedeschi, Ph.D. will discuss the theoretical model and research basis of posttraumatic growth, the process by which trauma survivors often find valuable changes in how they live life in the aftermath of trauma. He will outline a framework for therapeutic interventions that facilitate posttraumatic growth through a way of relating called expert companionship.

This approach to practice incorporates a broad view of what constitutes trauma, including many experiences that are not typically considered traumatic in our current diagnostic system, but which are traumatic to people because they challenge core beliefs about oneself, other people, the future, and the kind of world in which we live. The attention paid to possibilities for transformation of individuals and their relationships does not preclude working on typical symptoms of trauma, but recognizes that symptoms are better understood, tolerated, and reduced when traumatic suffering can have meaning and purpose.

*** Note: This webinar is a collaboration between the following MFLN concentrations: Military Caregiving, Family Development and Family Transitions.*

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