

# The Ketogenic Diet - Is it Another Fad?

FEBRUARY 26, 2019 | 11a.m. ET

## About This Webinar

The ketogenic (keto) diet is becoming more and more popular, so it's not surprising that this is one of our most requested topics! You might be getting questions from your clients, patients, and friends as to how safe this diet, or lifestyle is. If you are interested in learning more about the ketogenic diet, including the indications of a ketogenic diet, then RSVP for this webinar and join us to discover the facts. In this 60-minute webinar we will define the ketogenic diet, discuss its role in the treatment of chronic disease and review strategies for streamlining sessions with patients interested in this diet.

### Learning Objectives:

- Define the ketogenic diet using language and protocols outlined in the standard of care for epilepsy.
- Discuss the science behind the ketogenic diet's role in the treatment of chronic disease (i.e. obesity and type II diabetes) as well as athletic performance.
- Explore strategies to streamline sessions with patients interested in ketogenic diet.

## Presenter

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Division Child Neurology | LAC+USC Medical Center



## EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/22028/>

## HOW TO JOIN

To join the webinar use the 'Event Location' link above and follow all directions within this site. The webinar is hosted by the All Partners Access Network (APAN), but will also be available through YouTube Live. By using APAN attendees will be able to participate with the presenter and other audience members. For a broadcast only webinar, participants have the option of connecting via YouTube Live.

## CONTINUING EDUCATION CREDIT

This webinar is offering 1.0 CEUs for Registered Dietitians, pending approval.

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