

# Grow!



**FAMILY DEVELOPMENT**  
Military Families Learning Network

# Empowering Parents to THRIVE

Thursday, August 16 11:00 am-12:30 pm ET

## About the Webinar

In partnership with DoD's Office of Military Community & Family Policy, The Clearinghouse for Military Family Readiness at Penn State has implemented the THRIVE Initiative. This 90-minute webinar will focus on the **GROW** program within the THRIVE initiative which is designed for parents of children ages 5 to 10 years old. Join us as we learn how **GROW** helps parents to learn positive parenting techniques, stress management strategies, and health promotion skills that can be used to help children be happy and healthy.

## CEU Information

There will be an opportunity to receive 1.5 CEUs from the University of Texas at Austin's School of Social Work. These educational hours may be submitted by professionals to meet continuing education requirements for renewal of Social Work, Professional Counselor, and Marriage and Family Therapist Licenses. *\*Be sure to check with your state's licensing rules to confirm reciprocity and CEU rules.*

## RSVP Now

To find out more information about this **FREE** webinar and to RSVP, go to: <https://militaryfamilieslearningnetwork.org/event/21753/>. If you are unable to participate in the live webinar, there will be an opportunity to watch the archived version via the Military Families Learning Network channel in Youtube.



**Dr. Jennifer DiNallo**

## About the Facilitator

Dr. Jennifer DiNallo is Director of Research for the Clearinghouse for Military Family Readiness at Penn State. She has been part of the Clearinghouse team since 2010. Over this time, she has had the opportunity to lead on the development, implementation, and evaluation of several programs and projects focused on serving military families, including the THRIVE parenting initiative and the Resource Center for Improving Family Health Behaviors.

