July 18, 2018
Post Traumatic Growth Webinar
Additional Resources:

**Articles:**


Books / Book Chapters:


**Links:**

Boulder Crest Retreat  
http://www.bouldercrestretreat.org/

Echo Parenting & Education-The Promise of Post Traumatic Growth Part I & II  

GoodTherapy.Org: Posttraumatic Growth  
https://www.goodtherapy.org/blog/psychpedia/posttraumatic-growth

National Institute for Mental Health. (2016). *Post-Traumatic Stress Disorder*  

Positive Psychology.org-What is PTG: The Science of Post Traumatic Growth  
http://positivepsychology.org.uk/post-traumatic-growth/

Positive Psychology Program- Positive Trauma Therapy: PTSD & Post Traumatic Growth  
http://www.posttraumaticgrowth.com/index.php/what-is-ptg/

Posttraumatic Growth.com-What is Post Traumatic Growth?  
http://www.posttraumaticgrowth.com/index.php/what-is-ptg/
Blogs/Podcasts/Webinars/Online Media:


Soaringwords. (2014, January 16). Dr. Richard Tedeschi- Posttraumatic Growth. Interview retrieved from: https://www.youtube.com/watch?v=_N33ZkQAu1s


**Additional Documents**


