



August 16, 2018
Grow! Empowering Parents to THRIVE
Additional Resources:

Articles:

Axford, N., Lehtonen, M., Kaoujki, D., & Berry, V. (2012). Engaging parents in parenting programs: Lessons from research and practice. *Children and Youth Services Review*, 34(10), 2061-2071.

Czymoniewicz-Klippel, M.T., Chesnut, R.P., DiNallo, J.M., & Perkins, D.F. (2017). Understanding the implementation of the Grow! parenting program: findings from a mixed methods pilot study. *Child and Youth Services Review*, 82, 99-107.

Czymoniewicz-Klippel, M.T., Chesnut, R.P., DiNallo, J.M., & Perkins, D.F. (2018). Evidence-informed program developing: Using a common components analysis approach to develop universal parenting programs for US military and civilian families. *Children and Youth Services Review*, 90, 166-177.

Karre, J.K., Perkins, D.F., Aronson, K.R., DiNallo, J., Kyler, S.J., Olson, J., & Mentzer, C.E. (2017). A Continuum of Evidence on Evidence-Based Programs: A New Resource for Use in Military Social Service Delivery. *Military Behavioral Health*, 5(4). 346-355.

Kaye, M.P., Faber, A., Davenport, K.E., & Perkins, D.F. (2018). Common components of evidence-informed home visitation programs for the prevention of child maltreatment. *Children and Youth Services Review*, 90, 94-105.

Morris, A. S., Criss, M.M., Silk, J., & Houlberg, B. (2017). The impact on emotion regulation during childhood and adolescence. *Child Development Perspectives*, 11(4), 233-238.



Perkins, D.F., Aronson, K.R., Karre.J., Kyler, S.J., & DiNallo. J.M. (2016). Reducing Barriers to evidence-based practice with military families: Clearinghouse for military family readiness. *Military Behavioral Health*, 4(1), 47-57.

Radney, M., & Randolph, K.A. (2009). Parenting Sources: How do parents differ in their efforts to learn about parenting? *Family Relations*, 58(5), 536-548.

Sanders, M.R., & Kirby, J.N. (2012). Consumer engagement and the development, evaluation, and dissemination of evidence-based parenting programs. *Behavior therapy*, 43(2), 236-250.

Sanders, M.R., Prinz, R.J., & Shapiro, C.J. (2009) Predicting utilization of evidence-based parenting interventions with organizational, service-provider and client variables. *Administration and Policy in Mental Health and Mental Health Services Research*, 36(2), 133-143.

Books/ Book Chapters:

DiNallo, J., Kuhl, M., Borden, L.M., & Perkins, D. (2016) Interventions to Support and Strengthen Parenting in Military Families: State of the Evidence. In *Parenting and Children's Resilience in Military Families* (pp.195-212). Springer, Cham.

Gerwitz, A.H., Youssef, A.M., & Wadsworth, S.M. (Eds.). (2016). *Parenting and Children's Resilience in Military Families*. Springer International Publishing.

Hall, L.K. (2016). *Counseling Military Families: What Mental Health Professionals Need to Know*. New York, NY: Routledge.



Tom, S. T. & Glynn, S. M. (2016). Parenting issues in military and veteran families.
Handbook of Psychosocial Intervention for Veterans and Service Members. New York
NY: Oxford.

Links:

Aha! Parenting
<http://www.ahaparenting.com/Ages-stages/school-age>

Center for Effective Parenting
<http://parenting-ed.org/for-parents/>

Center for Parent Information & Resources
<http://www.parentcenterhub.org/>

Centers for Disease Control and Prevention: Parenting Information
<https://www.cdc.gov/parents/>

Centers for Disease Control and Prevention: Child Development and Positive Parenting Tips
<https://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html>

Child Welfare Information Gateway
<https://www.childwelfare.gov/>

Clearinghouse for Military Family Readiness
<https://militaryfamilies.psu.edu/>

FOCUS: Family Resiliency Training for Military Families
<https://www.focusproject.org/>

HealthyChildren.org
<https://www.healthychildren.org/English/Pages/default.aspx>

Inclusivity Handout- Clearinghouse for Military Family Readiness
http://psuinclusivity.wpengine.com/wp-content/uploads/2018/02/Inclusivity_FINAL.pdf

Military OneSource: Parenting
<http://www.militaryonesource.mil/parenting?inheritRedirect=true>

NAEYC for Families
<https://www.naeyc.org/our-work/for-families>



National Parent Helpline

<http://www.nationalparenthelpline.org/find-support/state-resources>

Parenting 24/7

<http://parenting247.org/>

Penn State Extension: Better Kid Care Program

<https://extension.psu.edu/programs/betterkidcare/parents-families>

Positive Parenting Connection

<https://www.positiveparentingconnection.net/kids-5-12-years/>

Sesame Street for Military Families

<http://sesamestreetformilitaryfamilies.org/>

THRIVE Initiative

<https://thrive.psu.edu/>

UCLA Nathanson Family Resilience Center

<https://nfrc.ucla.edu/>

Blogs:

Sexton, D.L., & Sobelson, B. (2018). Tools for Success: Helping Parents Teach their Kids to THRIVE! Retrieved from: <https://militaryfamilies.extension.org/2018/05/21/tools-for-success-helping-parents-teach-their-kids-to-thrive/>

Sobelson, B. (2018). Thrive: Empowering Parents as they Nurture their Children. *MFLN Family Development*. Retrieved from: <https://militaryfamilies.extension.org/2018/01/15/thrive-empowering-parents-as-they-nurture-their-children/>

THRIVE Initiative. (2018). How to Talk to Kids about Tolerance, Acceptance, and Diversity. Retrieved from: <https://thrive.psu.edu/talking-to-kids-about-tolerance-acceptance-diversity/>



THRIVE Initiative. (2018). Recognizing and Managing Stress for Parents. Retrieved from: <https://thrive.psu.edu/recognizing-managing-stress-parents/>

THRIVE Initiative. (2018). Why Do Siblings Fight? Retrieved from: <https://thrive.psu.edu/why-siblings-fight/>

Podcasts/Webinars/Online Media:

DiNallo, J. (2015, September 22). 5-2-1-0 Healthy Messaging Campaign. *MFLN Nutrition & Wellness*. Webinar retrieved from: <https://learn.extension.org/events/2145>

Fiese, B. (2018, August 21). The Power of Family Mealtimes: Strategies to Promote Health and Wellbeing. *MFLN Nutrition and Wellness and Family Development*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/21759/>

Gershoff, E. (2017, June 1). Unintended Consequences: What We Now Know about Spanking and Child Development. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/3017>

Godfrey, N. (2018, November 13). Family Finances Series: Raising Financially Responsible Children. *MFLN Personal Finance and Family Development*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/21698/>

Marlotte, L. (2018, March 22). Polishing our Protective Shields: Exploring Ways to Protect Youth from Violence. *MFLN Family Development*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/20313/>



Merrick, M. (2017, August 17). The Buffer Zone: What Adverse Childhood Experiences (ACE) Study Teaches about Maximizing Health and Wellbeing. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/3027>

Mogil, C. (2017, July 13). From Diapers to Diplomas: Exploring Resilience in Military Children. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/3020>

Military Families Learning Network, Family Development. (2018, April 25). Episode 12| Ready, Set, THRIVE! A Supportive Approach to Parenting. *Anchored*. Podcast retrieved from <https://militaryfamilies.extension.org/podcast/anchored-episode-12-ready-set-thrive/>

Mixon, K., & Gillen, M. (2018, July 10). Family Finances Series: Separation & Single Parenting in the Military. *MFLN Family Development and Personal Finance*. Webinar retrieved from: <https://militaryfamilieslearningnetwork.org/event/20237/>

Mixon, K., & Sobelson, B. (2016, June 30). What the Tech? Thinking about Technology and Parenting. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/2563>

Perkins, D.F. (2016, April 28). Pathway to Practice: Incorporating Evidence into Military Family Services. *MFLN Family Development*. Webinar retrieved from: <https://learn.extension.org/events/2541>

Additional Documents:

Auman-Bauer. (2015). Penn State initiative helping military families. *Penn State News*. Retrieved from: <http://news.psu.edu/story/383587/2015/12/04/research/penn-state-initiative-helping-military-families>



Military OneSource. (2018). The New Parent Support Program. Retrieved from:

<http://www.militaryonesource.mil/web/mos/-/the-new-parent-support-program>

THRIVE Initiative. (2018). Breathe to Thrive: Mindful Strategies for You and Your Child.

<http://thrive.psu.edu/wp-content/uploads/2018/02/Breathe-to-THRIVE-FINAL-web.pdf>